Public Consultation Document

NHS services at Guildhall Walk Healthcare Centre

November 2015
Health service locations

1. QA Hospital
2. St Mary’s Treatment Centre
3. Guildhall Walk Healthcare Centre
4. John Pounds Centre
5. Somerstown Central
Services you can use when you need NHS help in a hurry

This document puts forward some proposals that might affect the way we provide walk-in centres for minor injury or minor illness in future. The service will still be available but might, in future, be provided in a different way.

There are, however, a wide range of services you can use when you need help from the NHS in a hurry, and which may be a better option for you than going to the Emergency Department at Queen Alexandra Hospital. There are more choices than ever before for people needing urgent – but not emergency – NHS care.

- **NHS 111** – call if you need advice, or if you are unsure what to do regarding a health problem. Open 24 hours a day, every day.

- **GPs** – local GPs offer same-day ‘urgent’ appointments, and run clinics outside normal office hours. Ask for details at your surgery.

- **Pharmacies** – expert advice and medicines, in convenient locations. Most pharmacies now have private consultation areas and many are now running a Pharmacy FIRST scheme that allows people who receive free prescriptions to go straight to their pharmacist to receive treatment, for selected minor ailments, without needing to visit their GP to get a prescription.

- **Out-of-hours GP services** – just because it is the evening or the weekend, doesn’t mean you can’t get a doctor. Call the NHS 111 number.

If you haven’t seen it, our popular handy guide to all the local urgent care options is available on our website [www.portsmouthccg.nhs.uk](http://www.portsmouthccg.nhs.uk) and can be downloaded or printed off.
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This consultation runs until Friday February 19th 2016 – please ensure we have your comments by then. You can respond either by sending the completed pull-out survey form (see centre pages) to: Freepost NHS PORTSMOUTH (you do not need to add any other address details on your envelope as these are not required) or by going online to www.portsmouthccg.nhs.uk/guildhallwalk and completing the survey there. Thank you for taking part in this consultation.

We will be running a series of drop-in sessions at locations across the city over the consultation period. You can find details on our website: www.portsmouthccg.nhs.uk
Urgent Care: the vision for the future

In the last decade, urgent care services have changed beyond all recognition.

In a relatively short period of time, people needing urgent health care – effectively, the times when you need help or advice quickly, but it is not a medical emergency – have seen walk-in centres spring up, GPs start to offer different types of ‘same-day’ clinics or consultations, the introduction of the NHS 111 phone service, and pharmacies extending the support and treatments they offer.

And what is the result of this big expansion in the options available? People still say they can’t see a GP as quickly as they would like, and some still wait longer for emergency care in A&E than they should.

Clearly, the NHS needs to take stock and develop urgent care services which give local people a better service, which is easier to access.

We want to deliver:

> **Joined up care**

So people get the care they need – all of it, not just some – without being ‘bounced’ to other services, or referred elsewhere, unless absolutely necessary.

> **Simple choices**

To make it easy for people to get the health care they need without having to worry about whether they are in the ‘right’ place or not, and to cut down the times that patients are handed over from one service to another.

> **High quality care**

Expert staff, backed up by modern equipment and technology, in the best possible premises.

> **Specialist expertise**

Strengthening A&E and ambulance services so that they have the skills and capacity to give people high-quality, life-saving care when they are in crisis.

That is what we want to see, and what local people have a right to expect from their NHS. This document will describe in more detail how the local health service believes it can begin to move towards that vision of better urgent care, and how you can contribute to that process.
Section 1
The case for change

Introduction

Up and down the country, the last decade has seen a revolution in the way that the NHS cares for people who need speedy treatment or advice, but who do not need emergency care.

Portsmouth is no exception – in 2005 the St Mary’s Treatment Centre was opened, then in 2009 Guildhall Walk Healthcare Centre was opened, and in 2013 the Urgent Care Centre was set up at Queen Alexandra (QA) Hospital. Add in the start of NHS Direct, which then became the NHS 111 phone service, changes to the way GPs provide out-of-hours care, and the hours their surgeries open for, and the development of community pharmacies – it is clear that investment has piled in, and choice has been hugely expanded.

The only problem is... none of this seems to have quite worked as it was intended to. Pressure on A&E and GPs is still intense, and growing. People have grown increasingly confused as to which service they should use, and when. Patients end up being shuffled from one place to another, because services have become disjointed.

So, what now?

In 2016 the local NHS has a chance to look again at how to give local people the best possible urgent care services. During 2016 the contracts for the services currently run from the Guildhall Walk Healthcare Centre – the ‘walk-in’ service for all local people, and the GP practice which serves its 7,000 registered patients – will expire. The contracts cannot simply be left in place after that point – legally, they must be opened up to competition – and so the local NHS needs to consider how services can be improved.

NHS Portsmouth Clinical Commissioning Group (CCG), the organisation in charge of deciding how to spend more than £290m of NHS funding in the city each year, has already spent many months discussing the future of these services, both with clinicians and local people. As a result of those discussions, a preferred option has been developed:

To move the GP-led ‘walk-in’ service from its current location at Guildhall Walk, and relocate it so that it sits alongside the existing walk-in service at St Mary’s Treatment Centre. This will create a single, enhanced walk-in service at St Mary’s that includes both GPs and nurses, which treats both minor injuries and minor illnesses, which is backed up by modern facilities and diagnostic equipment, and which has well-established links with specialist hospital teams and ambulance crews.
In turn, this proposal has implications for those people who are registered as patients at Guildhall Walk – there is a section specifically for this group of people towards the end of the document (on page 27).

This would create a combined facility which would be better than either of the two options currently available – GPs and nurses would work alongside each other, they would have instant access to diagnostics such as x-rays, and instant links with emergency specialists at A&E, in a building which is modern and designed specifically for healthcare.

At the moment, some local people get some of those benefits, some of the time. This proposal is intended to give an improved urgent care service, for everyone, all of the time.

**Better standards of care**

The preferred option of creating a combined, enhanced walk-in centre at St Mary’s Community Health Campus would secure many improvements.

**Patient care would be better**

Today on Portsea Island there are two walk-in centres for urgent care. Both are good services with real strengths, but both also have limitations.

Guildhall Walk Healthcare Centre is led by GPs, is popular, and is centrally located. But... it has no diagnostic facilities, it is not a centre for minor injuries, the premises are dated and cramped, and ambulance crews do not take patients there as an alternative to A&E at QA.

St Mary’s Treatment Centre does have diagnostic facilities (such as X-ray), modern premises, direct links with A&E, staff can treat both injuries and illness, and they can receive patients directly from ambulance crews when appropriate. But... the centre is nurse-led, with no GPs, and so cannot always treat the people who go there, and may even have to turn patients away if their health problem has previously been discussed with a GP.

Bringing the two services together at St Mary’s Treatment Centre would give patients all of the benefits offered by the two services, but without the limitations.
With a combined, enhanced service at St Mary’s:

- Everyone could be seen by either a GP or nurse, whichever was right for them.
- Patients needing X-rays or other diagnostic tests would get the service they needed, on the same site – with no need to be sent elsewhere.
- There would be a dedicated service, in a separate area, for children.
- When diagnostic checks were needed, the IT systems would allow results to be shared with specialists at QA, instantly.
- Nobody would be ‘bounced’ back to their GP, or another service, because they were in the wrong place – they would get right treatment or advice, then and there.
- All walk-in urgent care would be delivered in modern, custom-built premises.

Choices would be simpler

At the moment, people who are worried about their health (or the health of someone they care for) have a wider range of choices than ever before. But this also means that people have to make more complicated decisions about their own care than ever before.

People are effectively being asked to make their own diagnosis, before they can choose which service they need. Today, someone in Portsmouth with a health concern needs to decide whether they need to go to A&E, wait for a GP appointment, contact the out-of-hours GP service, call NHS 111 for advice, visit a pharmacy, treat themselves at home, or head to a walk-in centre.

And if the choice is to go to a walk-in centre, there are further decisions to make. The person must decide whether their problem is ‘only’ an injury, for example, or whether it could instead be linked to an underlying illness. If it is thought to be simply an injury, that would rule out Guildhall Walk, but if the problem might be linked to an illness or condition then yet another choice is required between the GP-led service at Guildhall Walk, or the nurse-led service at St Mary’s.

Nationally, NHS leaders are saying that the system has become too complicated, and locally the ending of the contracts for health services at Guildhall Walk offers the chance to start the process of simplifying the choices that people face.

Making the system simpler isn’t just a nice ambition to have – it is fundamentally important. If people find it hard to decide which service to use, the risk is that they simply head to A&E as the default option. It is essential that the NHS does everything it can to relieve pressure on A&E staff so that they can focus on giving their expert care to people in the greatest need, and that means simplifying urgent care services so it is easier for people to make the right choice.
Resources would be used more effectively

With more of us living into our eighties, nineties and beyond, the NHS needs to use every penny it has wisely, to make sure that people have the care and support they need. Creating a combined, enhanced walk-in service on Portsea Island would allow the local NHS to use the limited resources it has more wisely.

Currently the NHS pays for Guildhall Walk Healthcare Centre to operate from a private, rented building – while at the same time there is plenty of empty space available in city buildings which are owned by the health service. The NHS must consider whether it is right to pay scarce public money to private landlords, when it has modern premises which are not being fully used – moving the walk-in service to St Mary’s, and the GP practice to another building, would allow resources to be invested in developing services, instead of paying rent.

Creating a single, enhanced walk-in service would also allow the local health service to use the scarce supply of doctors and nurses more effectively, and make better use of the modern facilities – such as X-rays – which exist at St Mary’s. As the NHS considers how to move towards seven-day services, it is essential to use all available resources as efficiently as possible.

Keeping NHS services on Portsea Island for the long term

Creating a combined, enhanced urgent care facility at St Mary’s would reinforce the role of the site as a key, strategic site for the NHS, being a centre for healthcare within the city for years into the future.

In the early 2000s when most hospital services were moved to the new QA ‘superhospital’ many people – both inside the health service, and outside – fought hard to keep St Mary’s as a centre for NHS services and that ambition remains. Hundreds of people already use services at St Mary’s each week, and the range of services available there is still being expanded.

In the future, there will be far more NHS services set up in community-based centres - bringing together GPs, home visiting teams, mental health services, diagnostics, therapists and nurses, so that the vast majority of NHS care is available close to people’s homes, instead of in major hospitals. These centres would offer patients a far more complete service if they included urgent care services too – whether a walk-in centre, ‘rapid response’ teams, or GPs offering same-day booked appointments – and St Mary’s is a natural choice to be one of these community centres in the future.
The wider impact of change

Moving the GP-led walk-in service from Guildhall Walk to St Mary’s appears, on the face of it, to be a relatively simple matter of moving the service about two miles down the road. However, the proposal is not quite that simple.

As well as the walk-in service, there is also a GP practice at Guildhall Walk Healthcare Centre, and the contract for this practice also runs out in 2016. Moving the walk-in service has clear implications for the GP practice, and so the NHS must also make decisions about the service that patients need, and where those services should be.

The CCG will be consulting separately with the 7,000 people, many of them young adults and students, who are registered at Guildhall Walk. That discussion will involve asking about where a new practice should be, the hours it should be open, and the way it should operate – for example, whether patients should have the chance to simply turn up and wait to see a doctor or nurse, or whether they should have to book appointments in the traditional way.

In this process, the CCG must try to strike a balance between securing a good service for the 7,000 people registered at the practice, and being fair to the other 200,000+ people registered with a GP in the city. At the moment, access to GPs and practice nurses is not evenly spread across the city.

GP practices like the Guildhall Walk Healthcare Centre were set up through a national policy, not through local decisions. The way that the government set up the centres means that the local NHS has to pay a premium rate to the practice so it can afford to offer seven-day, 12-hour access to its patients. The other 30 surgeries in the city, however, are funded less generously and so can only offer more traditional opening hours.

In short, the local NHS is paying extra to one practice to provide its 7,000 patients with much better and more convenient access to their GP than can be enjoyed by more than 200,000 residents who are registered at other city practices. The NHS must address that basic unfairness. Ideally, of course, every practice would be able to open seven days a week but that would need dozens of GPs, and millions of pounds – resources which simply do not exist at the current time. The local NHS is talking to city GPs and working to improve access for everyone, not just a small group, in line with the national drive towards seven-day services.
Section 2

Improving urgent care: what we have learned

Over the last 18 months the CCG has sought the views of as many people as possible – both members of the public, and clinicians – to learn more about what people think of the current set-up, how and why they make decisions when they need urgent care, and what changes they think could improve services.

These views have led the NHS to the position it holds today, that its preferred option to improve urgent care is to combine the city’s two walk-in services at the St Mary’s site.

Urgent care – overall messages

The CCG has carried out three significant surveys focussing on urgent care services, engaging with residents in Portsmouth, Fareham, Gosport, and South Eastern Hampshire. Each survey was different but the intention was to learn more about the decisions people make when they think they need urgent care, why they make those decisions, and how services could be improved.

In terms of urgent care generally, there were several clear themes:

- People are confused. For example, only 25% of city respondents said that they knew the differences between St Mary’s Treatment Centre and Guildhall Walk walk-in services – and in reality even fewer still could actually explain the differences correctly.
- People are finding it hard to remain well-informed. For example, almost one-third of people don’t know that GPs offer same-day appointments.
- Being offered simple choices – even if that might mean fewer choices – is felt by many to be a good way of improving the urgent care system.
- GPs are the preferred, trusted option for minor illnesses, but for minor injuries people look to walk-in facilities.
- Location is important, although almost 60% of city survey respondents think travelling up to 3–4 miles between home and a walk-in centre is reasonable.

There was also engagement with GP practices. GPs endorsed the idea of keeping the minor injury walk-in service at St Mary’s, but were less convinced that a nurse-led minor illness service on that site is the best solution – a GP-led service at St Mary’s, however, was felt to have more value for patients, and to be more effective.

GPs said that they wanted the capacity to care for their own patients in normal working hours, but some had concerns whether current primary care services (by which we mean services delivered by GPs and practice...
nurses, in community settings such as local surgeries) were keeping pace with demand. Given that, practices recognised that it was valuable to retain a GP-led walk-in service in the city, because that would help them to meet patient needs until a wider review of primary care found new ways to ensure that patients can access GPs seven days a week in the future.

**Urgent care – specific feedback**

As well as asking for general feedback about urgent care, the CCG has also been asking people what they think about the specific proposal to move the walk-in service from Guildhall Walk to St Mary’s. Again, this engagement work produced some clear themes in terms of the feedback received:

- Asked about the most important factors for the NHS to consider when deciding whether to relocate the walk-in service from Guildhall Walk to St Mary’s approximately two-thirds of respondents cited the quality of care as the biggest concern, with access also being important to people – 65% highlighted travelling distance, and 58% highlighted the importance of having a service near the city centre. Approximately a third of respondents stated the most important factor was ensuring best possible value for public money, or bringing GPs, nurses and diagnostics together in one place.

- When asked for the single most important factor to be considered, access was key – a quarter chose a city centre location as the prime consideration, and a further 22% chose travelling distance.

- When asked to raise concerns about the possible move, more than half (55%) expressed doubts that St Mary’s had the capacity to cope with the extra activity, 40% feared a reduction in quality, and 39% said they would have further to travel.

The CCG also approached the independent Healthwatch Portsmouth to ask whether the organisation could carry out some additional engagement. The conclusions of Healthwatch following its engagement work included:

- There were concerns about access from the western side of the city to St Mary’s, and further concerns over the adequacy and affordability of car parking facilities at St Mary’s.

- Some respondents questioned whether a single facility would have the capacity to respond to current and future demand, and whether that could lead to increased waiting times at St Mary’s.

- Concerns exist about the quality and range of services that would need to be provided in a combined walk-in facility, including crisis and mental health services.

This initial engagement has allowed the CCG to identify the main questions which people have raised up until this point, in relation to a proposal to create a combined, enhanced walk-in service at St Mary’s.
The questions are:

“Would there be enough capacity at St Mary’s to cope with a larger service?”

The CCG has sought assurance from the current provider of the service that St Mary’s has the capacity to cope with a larger service – both in terms of physical space, and in terms of staffing levels. On both counts we have received reassurance - confirmation that the building can easily be adapted to provide the additional space required to add more treatment cubicles, and that staffing will be managed flexibly to match the demand.

“What about public transport to St Mary’s?”

St Mary’s Community Health Campus is a strategic health site on Portsea Island. It houses a number of important health services, not just the Treatment Centre, and hundreds of people already use the site every week for health care. It is accessible, with regular bus services right next to the site throughout the day and at weekends, and people already access the minor injuries service from across the whole city, including the western side. However, the CCG acknowledges there are fewer public transport links than the city centre, and so is seeking advice from Portsmouth City Council regarding the possibility of changes to existing bus services serving the Milton/St Mary’s area, and would seek discussions with transport providers to explore possible options for bus services.

“Would there be enough car parking at St Mary’s?”

Pay and display car parking facilities are available on site (258 spaces) although clearly the perception is that the car park is regularly very busy, making it difficult for people to park. A proposal has been drawn up by Solent NHS Trust to put a multi-storey car park facility on the site, which would be subject to planning consent, as part of wider plans for the NHS to bring more services together at St Mary’s.

Solent NHS Trust has a Parking Policy that prioritises the parking needs of patients, visitors and staff who need to use a vehicle to perform their duties. Staff working at St Mary’s are currently encouraged to use an additional 60 leased spaces which have recently been made available at the Kingston Prison site, and this is expected to have a positive impact for patients.

Whilst car parking is an important issue it should be noted that the demand for GP-led walk-in services is likely to be greatest on Saturdays, Sundays, and the hours after GPs surgeries are closed. At these times there is significantly less demand for parking spaces at the St Mary’s site.

“Why propose to take facilities away from the city centre?”

Taking both the GP practice and the walk-in service away from the city centre at the same time would be a major change. Therefore, the preferred option is to keep the GP practice near to the city centre, but located in existing empty NHS space nearby, rather than a privately rented building. There are also other GP practices available in the city centre too, some of which have signalled their ability to register new patients and the area is well served by pharmacies which can offer expert advice on and treatment for a range of minor illnesses. We will further promote the greater use of pharmacies generally, in line with our Pharmacy First scheme.
“Won’t waiting times increase if all walk-in services are combined at St Mary’s?”

Currently the two walk-in services work to different waiting times targets – at Guildhall Walk patients must be seen within two hours, at St Mary’s the target is four hours, although in reality more than two-thirds of patients are actually seen within two hours at St Mary’s, and few wait for four hours.

It is the case that a combined service at St Mary’s would be monitored against the four-hour target, but the capacity for treating people would be no less than it is today, across two sites. Indeed, integrating the two services should allow more flexible use of the workforce, which may reduce waiting times for patients.

“What will students do if the services move?”

Students will be extended every opportunity to take part in the formal consultation process, as will the University of Portsmouth, which the CCG is aware has plans to expand its centrally-located student accommodation. Plans have been discussed with University representatives – their preference would be to retain a walk-in service in the city centre but they are willing to work with the NHS to ensure students, as a fundamental first step, register with a local GP of their own, and are informed regarding the many options available to them for urgent care.

“Why change at all?” (“If it ‘ain’t broke, why fix it?”)

As explained earlier in this document, the number of urgent care services in Portsmouth has expanded considerably in the last 10 years or so, but without necessarily delivering the results we would all want to see – particularly in terms of reducing pressure on GPs, and A&E. The local NHS now has the opportunity, when the contract for NHS services at Guildhall Walk expires in 2016, to rethink how these walk-in services work as well as aiming to give all patients across the city higher quality, more accessible primary care more generally. In an ideal world everyone would already be able to see a GP seven days a week, but neither the doctors or the funding for that exist at the moment. Instead, the NHS needs to use all the resources it has to begin to work towards that goal. Any proposals for changes are not a reflection on the service, or the staff, at Guildhall Walk – it is widely recognised as a good and popular service, albeit one that would be subject to periodic contract review.

“What about the impact on the vulnerable patients?”

It is recognised that Guildhall Walk Healthcare centre caters for vulnerable patient groups, and the CCG fully accepts that specific arrangements must be made to continue – and in fact improve – the care available. The CCG has already been generously supported by the Salvation Army, and PUSH (helping those with substance misuse problems) to begin to understand the needs of some of these vulnerable groups better, and more detailed engagement work will continue regardless of the outcome of this public consultation. Maintaining a service specifically tailored for these groups is a non-negotiable commitment made by the CCG.
Section 3

Improving urgent care: other key factors

The national context

There is a national consensus that the systems of urgent care which have grown up across the country need revisiting, and that the focus on promoting an ever-widening range of available choices may have gone too far.

The 2014 Urgent and Emergency Care Review set out the need for “co-location of community-based urgent care services in co-ordinated Urgent Care Centres”, as the NHS in Portsmouth is now proposing with the preferred option of a combined walk-in service at St Mary’s Hospital.

The 2014 Review also recommended the development of combined Urgent Care Centres to provide “access to walk-in minor illness and minor injury services” – again, just as is now proposed in Portsmouth.

The review also advocated placing these urgent care centres next to hospital facilities, as would be the case at St Mary’s.

These conclusions followed on from the 2013 findings of the NHS medical director Professor Sir Bruce Keogh, in his Phase 1 report into Transforming Urgent and Emergency Care Services in England. His verdict was:

“Previously we have tried to deal with increasing demand by developing new facilities. Although well-conceived and well-intentioned, these have created additional complexity and confusion, not just for patients but also for those working in the NHS.

“Starting from scratch, nobody would design the current array of alternatives and their configuration. A short history of the last 30 years reveals that we have opened ‘walk-in centres’, ‘minor injury units’, ‘urgent care centres’ and a vast range of similarly named facilities that all offer slightly different services, at slightly different times, in different places.

“A telephone service, NHS Direct, was introduced in 1998, and last year was replaced by NHS 111. Even the simple task of ringing a GP practice to request an appointment can result in a frustrating assault course on a telephone keypad.

“All the public want to know is that if an urgent care problem ever arises, they can access a service that will ensure they get the right care when they need it. They do not want to decide whether they should go to a Minor Injuries Unit, a Walk-In Centre or A&E, or whether they should ring their GP, 111 or 999. We shouldn’t expect people to make informed, rational decisions at a crisis point in their lives: the system should be intuitive, and should help people to make the right decision. We have created a complicated system which in itself has contributed to increasing demand by sending people around various services, confused about who to call and where to go.”
More recently, at the 2015 Annual NHS Conference, NHS England Chief Executive Simon Stevens stated:

“We need to redesign the way our urgent care system works. The current system is confusing the public. We have to do a better job of joining it up. We need to simplify the urgent care ‘spaghetti’ so we can manage the demands being placed on us.”

The CCG would fully endorse the direction of travel nationally, and has developed its preferred option – to bring the city’s two walk-in services together at St Mary’s Treatment Centre – with the national policy direction in mind.

**The Portsmouth ‘Blueprint’**

The one certainty which always faces the NHS is that change is never far away. With people living longer and longer lives, new treatments being developed, patient expectations rising all the time, and demand growing faster than funding, it is simply not realistic to expect the NHS to continue operating in much the same way as before, and still be able to cope.

In addition to those pressures, there are also real challenges in terms of the workforce. Nationally, and locally, there are shortages of many key staff, including GPs, A&E specialists, and experienced nursing staff.

The answer cannot be ‘more of the same’, and so locally health and social care leaders are developing the Portsmouth Blueprint. This new approach will set out a future which moves away from the traditional model of small-scale, individual GP practices working independently, separate from community and mental health services, and local social care.

Instead, the Blueprint makes the case that primary care must be delivered at a larger scale and that the traditional barriers between primary care, community and mental health care, and social care, must be broken down. In practical terms this will mean the development of primary care ‘hubs’, which physically bring together a far greater range of services, including same-day access to primary care, home-visiting, diagnostics, community beds, and health promotion / wellbeing services. St Mary’s, as a key strategic site for the NHS in Portsmouth, offers an ideal opportunity to be the home of one of these hubs in the future and so an enhanced walk-in service there fits the bigger picture of how care will be delivered closer to people’s homes in the years ahead.
The options appraisal

The NHS only settled on its preferred option of creating a combined walk-in service at St Mary’s after spending approximately 18 months talking to local clinicians, and engaging with local patients, to ensure that any proposed solution was the best possible option for city residents. Clearly, whenever any decision is reached there will be some people who feel disadvantaged by the change and others who feel that they benefit, but the NHS has tried to keep in mind the overriding objective of delivering the best possible service for Portsmouth patients.

In broad terms, the choice came down to the following four options:

> **Option 1**
   
   No change - Leave both the walk-in service, and the GP practice, at Guildhall Walk

> **Option 2**
   
   Move the walk-in service to St Mary’s, retaining the GP surgery at Guildhall Walk

> **Option 3**
   
   Move the walk-in service to St Mary’s, move the GP surgery to alternative NHS space in city centre

> **Option 4**
   
   Move the walk-in service to St Mary’s and close the GP surgery

The NHS conducted a formal ‘options appraisal’ of each of these four alternatives, to see which one should be chosen as the preferred approach, before a period of public consultation was carried out. This process set out the benefits, and the challenges, of each option and you can see a summary of this on pages 18–21.
Option 1
No change

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**GP-led walk-in activity and GP practice to be delivered from its current location (Guildhall Walk Healthcare Centre)**

**Issues**

- Crucially the CCG is required, by law, to open up the contract for the GP service to a competitive procurement process, and so is not able to simply allow the contract to roll on
- Urgent care system remains as complex as now
- Confusion as to the difference between the Guildhall Walk and St Mary’s would remain
- Guildhall Walk still has no access to diagnostics, limiting improvements to the quality of patient care
- Could make the situation more complicated. In the last year the CCG has conducted a separate procurement exercise for services across Portsmouth and south east Hampshire – including both planned operations and a nurse-led walk-in service at St Mary’s. This contract also included agreeing to fund a GP-led walk-in service in the city, but did not stipulate where that service should go, in advance of public consultation. If that service was located at Guildhall Walk, it would raise the possibility of a GP-led walk-in service run and staffed by one organisation sharing a building with a GP practice run and staffed by an entirely separate group. Alternatively, if the walk-in service was elsewhere in Portsmouth (except St Mary’s) then the fragmentation of services would remain.
- Empty space in NHS buildings elsewhere remains unused
- Least financially beneficial, reducing scope to invest in improved access to primary care for all areas of the city, to reduce current unfairness
- More difficult to develop new models of care for urgent and primary care.

**Benefits**

- The majority of patients registered at Guildhall Walk live within a one mile radius of the premises. This option would ensure those patients can still access services within close proximity to their residence
- Patients registered at Guildhall Walk will not have to register at another practice within the city
- Students would continue to have direct access to both services and would therefore have a better NHS service than many other residents in Portsmouth
- Access to a walk-in service in a city centre location would be retained.

**Annual cost**

- Anticipated cost: £1.42m per year
- Anticipated saving (compared to current costs): £0.15m
Public consultation:
NHS services at Guildhall Walk

You can also respond to the consultation online – please visit www.portsmouthccg.nhs.uk/guildhallwalk

Some details about you

All responses are entirely anonymous, but we would like to ask for a few details about you, so we can find out a little more about the people we are hearing from.

1. **Gender: Are you...**
   - Female
   - Male
   - Prefer not to say

2. **Age: Are you...**
   - 24 or under
   - 25–34
   - 35–44
   - 45–54
   - 55–64
   - 65–74
   - 75 or older

3. **Where do you live? (postcode areas)**
   - PO1
   - PO2
   - PO3
   - PO4
   - PO5
   - PO6
   - PO7–PO11
   - PO12–PO16
   - Other (please specify)

4. **Do you have dependent children, or provide care for someone?**
   - Yes, I have dependent children
   - Yes, I am responsible for caring for a partner / friend / relative
   - Yes, I have dependent children and I am responsible for caring for a partner / friend / relative
   - No

5. **Do you consider yourself to have a disability?**
   - Yes
   - No
   - Prefer not to say

6. **If ‘yes’, please tell us what your disability is.**
   (You may select as many options as applicable)
   - Physical impairment
   - Sensory impairment
   - Prefer not to say
   - Other (please specify)

7. **Would you describe your sexuality as:**
   - Heterosexual
   - Bisexual
   - Gay man
   - Lesbian / gay woman
   - Prefer not to say

8. **Would you describe your ethnic origin as:**
   - White, British
   - White, Irish
   - Any other white background
   - Indian
   - Pakistani
   - Bangladeshi
   - Any other Asian background
   - Caribbean
   - African
   - Any other black background
   - Chinese
   - Mixed: white and black Caribbean
   - Mixed: white and black African
   - Mixed: white and Asian
   - Any other mixed background
   - Prefer not to say

9. **Would you describe your religious beliefs as:**
   - Buddhism
   - Christianity
   - Hinduism
   - Islam
   - Judaism
   - Sikhism
   - None / Atheism
   - Prefer not to say
   - Other religious belief (please specify)
Your opinions on the preferred option for NHS walk-in services in Portsmouth.

The first two questions (10, 11) seek to understand what you believe to be the advantages and disadvantages of the preferred option for NHS urgent care walk-in services. The next two (12, 13) look at what you think will be the most important things that the NHS must consider when making a decision. The more specific the answer is, the more useful it will be.

10. The CCG’s preferred option is to relocate the ‘walk-in’ service from Guildhall Walk to create a combined, enhanced walk-in centre at St Mary’s Hospital. What do you think are the potential **benefits** of such a proposal?

11. The CCG’s preferred option is to relocate the ‘walk-in’ service from Guildhall Walk to create a combined, enhanced walk-in centre at St Mary’s Hospital. What do you think are the potential **disadvantages** of such a proposal?

12. What do you think are the most important factors for the CCG to consider when deciding whether to create a single, combined walk-in service at St Mary’s Treatment Centre?
13. Are there any other factors, not addressed in the consultation document, which you think must be considered by the CCG before any decision is made?

Continuation space if required
### Questions 14–17 should only be answered by people who are registered as patients at Guildhall Walk Healthcare Centre

#### Your views on the proposed new GP surgery in central Portsmouth.

These questions are intended to get your views on where a new surgery might be located, and how it might be run.

**14.** The preferred option for the future of the GP practice at Guildhall Walk is to open a new practice in another location, near to the city centre, in a building already paid for by the NHS. The most likely options are Somerstown Central, or the John Pounds Centre. Would your preference be:

- [ ] Somerstown Central
- [ ] John Pounds Centre
- [ ] Don’t know / don’t mind

**15.** To what extent do you agree that a new GP practice should offer its patients a ‘walk in and wait’ service, rather than relying on booked appointments?

- [ ] Strongly agree
- [ ] Agree
- [ ] Neither agree nor disagree
- [ ] Disagree
- [ ] Strongly disagree
- [ ] Don’t know

**16.** In terms of the opening hours of a new practice, which two of the following options would be most useful to you personally.

- [ ] Early mornings (Monday–Friday)
- [ ] Evenings (Monday–Friday)
- [ ] Saturday mornings
- [ ] Saturday afternoons
- [ ] Sundays

#### Other factors to be considered

This section is intended for you to raise any other issues which you feel are important.

**17.** Is there anything else, not covered by the previous questions, that the NHS should consider regarding the preferred option of moving the GP practice away from Guildhall Walk, and into another central location in Portsmouth?

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**Please send your completed survey, by Friday 19th February 2016, to us at:**

Freepost NHS PORTSMOUTH
(You do not need to add any other address details (road, town, postcode) as these are not required.)
Option 2
Move walk-in to St Mary’s, retain GP surgery at Guildhall Walk

GP-led walk-in activity provided at St Mary’s Treatment Centre, and GP practice delivered from its current location (Guildhall Walk Healthcare Centre)

Issues
■ Seeking to retain the GP practice at Guildhall Walk would not allow the better use of the empty NHS space within the city and therefore would miss an opportunity to optimise the use of estates already paid for by the NHS
■ Could actually worsen the cost of paying for empty space as the delivery of primary medical care services in isolation, without the provision of a walk-in centre, would create additional empty space withinGuildhall Walk, representing poorer value for money
■ Patients living on the west side of the city would feel that access to St Mary’s is more difficult than to the city centre.

Benefits
■ Simpler urgent care system for patients to navigate and no confusion over which walk-in service to use
■ This option would give all walk-in services access to a wider array of diagnostics and tests at St Mary’s, improving the quality of patient care
■ Patients would no longer be re-directed to the other walk-in centre (or back to their GP) in the city as they had attended the ‘wrong’ facility
■ The majority of patients registered at the Guildhall Walk GP practice live within a one mile radius of the premises. This option would ensure those patients continue to have access to services within close proximity to their residence
■ Patients will not have to register at another practice.

Annual cost
■ Anticipated cost: £1.31m
■ Anticipated saving: £0.27m
Option 3

Move walk-in to St Mary’s and move GP surgery to alternative NHS space in city centre

GP-led walk-in activity provided at St Mary’s Treatment Centre, and GP practice delivered from void NHS space within the city (eg Somerstown Central)

Issues

- Patients currently registered at Guildhall Walk GP surgery would need to travel to another location within the city centre to receive primary care services
- This may or may not be further for patients to travel (Somerstown Central is between ¼ - ½ mile from Guildhall Walk)
- Patients living on the west side of the city may find access to St Mary’s is more difficult than to the city centre.

Benefits

- Simpler urgent care system for patients to navigate and no confusion over which walk-in service to use
- This option would give all walk-in services access to diagnostics at St Mary’s, improving the quality of patient care
- Patients would no longer be re-directed to the other walk-in centre (or back to their GP) in the city as they had attended the ‘wrong’ centre
- The majority of patients registered at Guildhall Walk GP practice live within a one mile radius of the premises. This option would ensure those patients continue to have access to services within close proximity to their residence, albeit not at Guildhall Walk
- Patients will not have to register at another practice.

Annual cost

- Anticipated cost: £1.18m
- Anticipated saving: £0.39m
Option 4
Move walk-in to St Mary’s and close GP surgery

GP-led walk-in activity provided at St Mary’s Treatment Centre, and GP practice delivered from existing practices in the city (decommission Guildhall Walk Healthcare Centre Practice)

Issues
- This option would limit the choice available for patients when choosing to register with a GP practice in Portsmouth
- This option may be unwelcome for vulnerable groups of patients who would need to register at another practice within the city, especially if they experience issues around anxiety or general distrust of healthcare providers
- This option may cause concern that patients may not easily be able to register with another practice
- Patients living on the west side of the city may find access to St Mary’s is more difficult than to the city centre.

Benefits
- Simpler urgent care system for patients to navigate and no confusion over which walk-in service to use
- This option would give all walk-in services access to diagnostics at St Mary’s, improving the quality of patient care
- Patients would no longer be re-directed to the other walk-in centre (or back to their GP) in the city as they had attended the ‘wrong’ centre
- This is in line with the CCG’s vision to support the development of larger, more sustainable practices.

Annual cost
- Anticipated cost: £1.22m
- Anticipated saving: £0.35m
Section 4
Supporting information

How the two walk-in centres compare

St Mary’s Treatment Centre

Based on 2014/15 data St Mary’s sees around 44,500 walk-in attendances a year (minor injuries and minor illnesses); around 31,000 related to patients registered with Portsmouth GP practices, the rest registered with GP practices outside the city. Most (two thirds) attendances are for minor injuries.

The first map opposite indicates the 2014/15 activity for minor injuries linked to patients’ home post codes. It demonstrates that the activity is fairly evenly distributed throughout Portsea Island, but considerably fewer visits from patients who live closer to Queen Alexandra Hospital in the north of the city. It also shows that significant numbers of patients living on the western side of the island are currently accessing St Mary’s Treatment Centre to receive care for minor injuries.

The second map opposite provides the same information but for minor illness. This shows that fewer people to the west (albeit still notable numbers) access St Mary’s for this service, than for minor injuries.
Activity for minor injuries linked to patients’ home post codes

Activity (Sum)

| Low | High |

Activity for minor illness linked to patients’ home post codes

Activity (Sum)

| Low | High |
Walk in activity

Based on data from 2014/15 (and excluding patients who are registered at Guildhall Walk), there are around 22,500 attendances at the walk-in centre each year. Around 12,500 of these attendances are for patients registered with another GP practice within Portsmouth, while around 10,000 attendances are for patients registered with GP practices outside the city. All attendances are for minor illnesses, with approximately 40% occurring during core GP hours (08:00–18:30, Monday–Friday).

The map below shows the 2014/15 activity for Guildhall Walk, linked to patients’ home post codes. It shows that most patients attending the walk-in service live within a mile of the facility.

The table on the next page shows the top 20 conditions reported by patients attending the walk-in centre. Many would be suitable for a nurse-led consultation, or could be managed by pharmacists, rather than by a GP (with the associated extra cost for the NHS, and the use of such an expert, and relatively scarce, staff resource).
### Condition

<table>
<thead>
<tr>
<th>Condition</th>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upper respiratory tract infection</td>
<td>1,187</td>
<td>9%</td>
</tr>
<tr>
<td>Acute tonsillitis</td>
<td>713</td>
<td>5%</td>
</tr>
<tr>
<td>Skin/subcutaneous infections</td>
<td>695</td>
<td>5%</td>
</tr>
<tr>
<td>Lower respiratory tract infection</td>
<td>655</td>
<td>5%</td>
</tr>
<tr>
<td>Urinary tract infection</td>
<td>584</td>
<td>4%</td>
</tr>
<tr>
<td>Requests for medication</td>
<td>425</td>
<td>3%</td>
</tr>
<tr>
<td>Otitis media (middle ear infection)</td>
<td>383</td>
<td>3%</td>
</tr>
<tr>
<td>Sore throat</td>
<td>364</td>
<td>3%</td>
</tr>
<tr>
<td>Viral infection</td>
<td>318</td>
<td>2%</td>
</tr>
<tr>
<td>Cough</td>
<td>307</td>
<td>2%</td>
</tr>
<tr>
<td>Otitis externa (outer ear inflammation)</td>
<td>298</td>
<td>2%</td>
</tr>
<tr>
<td>Abdominal pain</td>
<td>236</td>
<td>2%</td>
</tr>
<tr>
<td>Acute conjunctivitis</td>
<td>219</td>
<td>2%</td>
</tr>
<tr>
<td>Cystitis</td>
<td>195</td>
<td>1%</td>
</tr>
<tr>
<td>Earache symptoms</td>
<td>188</td>
<td>1%</td>
</tr>
<tr>
<td>Advice about treatment given</td>
<td>172</td>
<td>1%</td>
</tr>
<tr>
<td>Rash/non-specific skin eruption</td>
<td>165</td>
<td>1%</td>
</tr>
<tr>
<td>Disorders of eye and adnexa</td>
<td>161</td>
<td>1%</td>
</tr>
<tr>
<td>Backache, unspecified</td>
<td>158</td>
<td>1%</td>
</tr>
<tr>
<td>Oral/salivary/jaw diseases</td>
<td>156</td>
<td>1%</td>
</tr>
</tbody>
</table>

#### Registered patients

In addition to the walk-in service, Guildhall Walk also provides primary medical care services to a registered list of circa 7,000 patients. It is the only surgery in Portsmouth which is contracted and funded to provide services between 08:00–20:00, 365 days of the year – those extended hours are possible because the centre is funded to run the walk-in service between those same hours each day. This is very convenient for registered patients but that does present an issue with regards to fairness, compared to the services available to the remaining 200,000 registered patients in Portsmouth.

The registered list contains a large proportion of young adults (many of them university students), especially between the ages of 20–34, and relatively few patients aged over 50. The chart overleaf shows how significantly the age characteristics of the list differs from the city as a whole.
The map below shows where patients registered at Guildhall Walk live. As would be expected the majority of patients live within a mile of the premises, although the vast majority of patients living near the healthcare centre are registered with other practices within the city – most patients living in Charles Dickens and St Thomas wards (where the practice is located) are registered with other practices.
Section 5
The future of the GP practice

This section (5) is only relevant to those people who are registered as patients at Guildhall Walk Healthcare Centre

Introduction

NHS Portsmouth Clinical Commissioning Group (CCG) is reviewing the future of NHS services currently provided at Guildhall Walk Healthcare Centre. That review includes not only the ‘walk-in’ minor illness service for people not registered as patients there, but also the future of the GP practice itself.

The contract for both of these services ends in 2016. The CCG does not have the option of simply letting those contracts continue – it is legally obliged to begin an open competition (called a procurement process) to allow other potential providers to bid to take the services over, and a failure to do that would be against the law.

Therefore, decisions must be made about the future of the GP practice where you, and approximately 7,000 other people, are registered.
Background

In 2009 Guildhall Walk Healthcare Centre was opened. It was a ‘Darzi centre’ – part of a national drive to open up ‘walk-in’ centres for people who were not registered with a GP practice of their own.

In Portsmouth, this walk-in centre was also combined with a GP practice, which was given extra freedoms to be able to register patients from across the local region – not just the immediate surrounding area. The company running the practice was also contracted to offer ‘open access’, so that registered patients did not always have to book appointments in advance, but could simply turn up and wait to see a GP if that suited them better.

Given all of these differences, the funding for the healthcare centre has always been different from other GP practices in the city. Essentially the local NHS gives the company which runs the practice more money, per patient, than it gives to any of the other city surgeries to reflect the different services it has to provide – most notably that it must provide a walk-in service from 8am-8pm every day.

The result is that the 7,000 patients at the Guildhall Walk GP practice enjoy far better access to GPs and nurses than can be provided by all other practices for the other 200,000+ city residents. That means that the registered patients at Guildhall Walk get a very convenient service, but this comes at a cost to the wider local NHS, which funds the enhanced service.

The healthcare centre is also specifically funded by the local NHS to provide a dedicated service for some vulnerable groups of patients, such as people who are homeless, or who have problems with drugs or alcohol.

Reasons for change

As explained on page 27, the CCG cannot simply leave the contracts for health services at Guildhall Walk in place – that is not legally possible.

So, the end of those contracts gives the local NHS an opportunity to see whether improvements can be made to services, and whether resources can be used more effectively. When making decisions about the future of the GP practice at Guildhall Walk, the NHS must consider the following:

**Seven-day access for all:** there is a national drive to move primary care services (although not necessarily every individual GP surgery) towards a seven-day service. That will take a great deal of resources – both in terms of money, and skilled workforce – and the CCG will need to make the resources available in the city go far further than is the case now if this ambition is to be achieved.

**Fairness:** the CCG acts on behalf of everyone in the city, and must give everyone equal opportunity to access the NHS services that we all pay for. The NHS, with its limited resources, cannot justify a situation where it is using its overstretched budgets to fund one group of people to get better access to treatment than others.
Effective use of public money: The NHS, like all parts of the public sector, has a duty to use its resources as effectively as possible, for the benefit of all local residents. Currently, the NHS is paying rent to the private sector owners of the Guildhall Walk site – at a time when there are significant amounts of empty space in centrally-located buildings which are already being paid for by the local health service. The starting assumption must be that such a situation should only carry on if there are overriding reasons to do so.

Strategic direction: It is widely accepted both locally and nationally that primary care services in the future must be delivered at a larger scale than has traditionally been the case in the past. The shortage of new doctors choosing General Practice as a career, the shift of services out of big hospitals and into the community, the need to join together primary care with community teams, the expectation of seven-day opening – all of these factors combine to suggest that practices will need to work together to provide a larger-scale service to their patients.

Preferred option

The CCG has already been asking for views about the future of the GP practice at Guildhall Walk. A series of conversations has been held with local clinicians, and also with key organisations such as the University of Portsmouth, Portsmouth City Council, and the Salvation Army.

Over the summer a questionnaire was also sent to people registered at the practice to get an initial sense of what was most important to them about their GP service, and what they would want from any future service.

The feedback from these sources, regarding the future of the GP practice, highlighted several distinct themes:

■ A concern for the future of services for vulnerable groups
■ Questions regarding the impact on students, especially those living in the city centre
■ A real appreciation of the longer opening hours, and the ‘open’ access which allows registered patients to walk in and wait, rather than having to book an appointment in advance
■ Concerns over whether a practice in an alternative location would be accessible to people living near the city centre.

The feedback from local GPs suggested that there may be sufficient capacity to simply end the contract for the GP practice at Guildhall Walk, and allow the 7,000 patients to register elsewhere – some practices suggested they could take on significant numbers of new patients, others said that they could not register any more. However, there were also widespread concerns amongst the profession regarding the capacity of GP services, both now and especially in the future.

That feedback was then considered alongside the CCG’s four considerations outlined above (seven-day access, fairness, use of public money, and strategic direction).
As a result of all of these factors the CCG produced a preferred option, and this document is asking for your feedback before any final decision is made.

The preferred option is:

**Registered patients would still all have their own, dedicated practice but it would no longer be at Guildhall Walk – instead patients would be registered at a new practice, in a building already funded by the NHS and near the city centre. The most likely options are the new Somerstown Central, or the John Pounds Centre. All patients, of course, would still retain the right to register at another practice if they wished to do so.**

It is important to note that the option of simply letting the contract for the GP practice end, without a replacement, is no longer being considered. This is in response to the feedback received – partly because of concerns over the amount of primary care capacity there is in the city (and, indeed, the city centre), and partly because of concerns that such a decision could cause real upheaval as 7,000 people all sought to find a new practice at the same time.

Patients should also note, however, that the preferred approach does not propose a practice which would have the same 8am–8pm opening hours as Guildhall Walk does at present, for some of the reasons outlined earlier in this document – notably, the need to give all residents across the city an equal service, the need to use scarce funding carefully, and the need to devote all possible resources to extending GP access to everyone in the city, not just a small number. The CCG would, however, seek to agree a new contract which offered some extended opening hours to registered patients, recognising that one of the reasons that people chose to be patients at Guildhall Walk in the first place was the availability of evening and weekend appointments.

The CCG is now keen to hear the views of registered patients about the service that a new practice should offer – in terms of the way that appointments are made available, the opening hours, and where it should be located. We would also like to give people another chance to raise any issues they feel are important, to ensure that every issue has been considered, before decisions are taken.
Section 6

Summary, and how you get involved

Summary

This document has set out how, in the last 10 years, the system of urgent care in Portsmouth has become significantly more complicated as the number of available choices has expanded rapidly – but how this expansion of choice has not succeeded in reducing pressure on A&E, or on GPs, and how services have become increasingly fragmented and hard to understand.

It has also explained how the contracts for both the walk-in service, and the GP practice, at Guildhall Walk run out in 2016, and that these contracts cannot just be allowed to keep running past that date. The NHS, in other words, is obliged to look again at how urgent care services work in the city, and to look for ways of securing better care for city residents.

The local NHS has already been involved in extensive discussions with local clinicians, and has been gathering the views of local people over an 18-month period. The feedback received during that period, allied to the ‘big picture’ priorities of the local NHS to create much stronger centres for community-based care in the future, has led to the identification of a preferred option for the way ahead: the relocation of the walk-in service from Guildhall Walk to St Mary’s, creating a combined, enhanced walk-in centre giving residents a better, simpler, more efficient service.

Getting involved

NHS Portsmouth CCG wants to hear from anyone who feels they would like to contribute to this process. To that end, the CCG is now conducting a formal public consultation process, and inviting people to submit their views on the preferred option for improving walk-in services in the city. You can find a pull-out response form in the centre pages of this document.

(As stated earlier in the document, there is a separate set of questions specifically aimed at the people who are registered patients at the Guildhall Walk Healthcare Centre, regarding their views about a proposal to set up a new GP practice for them in nearby NHS premises. Similarly, there is another, separate process regarding the vulnerable groups – especially those who are homeless, or who misuse drugs or alcohol – who are registered at Guildhall Walk).

The CCG would particularly like to know if there are any issues, which have not yet been considered, which you feel should have an influence on the decision which must ultimately be made regarding walk-in services.
The CCG would also like to know which aspects of the preferred option for walk-in services, as set out in this document, you believe will help to improve services in the city, and which aspects you believe will have a negative impact. This feedback will help to ensure that any and all important factors are considered before a decision is made.

We are asking you to respond to the four questions below and these are included in the pull-out response form in the centre pages of this document.

> Question 1:
The CCG’s preferred option for urgent care is to move the walk-in service from Guildhall Walk to create a combined, enhanced walk-in centre at St Mary’s. What do you think are the potential benefits of such a decision?

> Question 2:
The CCG’s preferred option for urgent care is to move the walk-in service from Guildhall Walk to create a combined, enhanced walk-in centre at St Mary’s. What do you think are the potential disadvantages of such a decision?

> Question 3:
What do you think are the most important factors for the CCG to consider when deciding whether to create a single, combined walk-in service at St Mary’s Treatment Centre?

> Question 4:
Are there any other factors, not considered in the consultation document, which you think must be considered by the CCG before any decision is made?

In addition we are asking patients currently registered with the GP practice at Guildhall Walk a series of questions. These can also be found in the pull-out section in the centre pages of this document.

If you would like to comment on the proposals in this document please do so:
- Online at www.portsmouthccg.nhs.uk/guildhallwalk
- By completing the form in the centre pages of this document and sending it to us at: Freepost NHS PORTSMOUTH (You do not need to add any other address details (road, town, postcode) as these are not required.)

Either way, please ensure we have your completed responses by Friday 19th February 2016.
We understand that not everybody will be familiar with all the terms used in this document and hope that this glossary might help explain some of them. If anything is still unclear please let us know at enquiries@portsmouthccg.nhs.uk

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Glossary

**A&E**
Accident and Emergency Department, often referred to now as the Emergency Department or ED

**A&E Four Hour Target**
A nationally set target requiring 95% patients attending an A&E department to be seen, treated, admitted or discharged in under four hours.

**CCG**
Clinical Commissioning Group or CCG – the NHS organisation led by GPs which is responsible for identifying and securing most of the health services for a particular area. Locally, NHS Portsmouth CCG is responsible for deciding what services their local residents need, including those relating to urgent care, from the NHS and plans and buys these services with public money from the most appropriate providers.

**Clinician**
General term used to describe someone who is qualified to provide healthcare and treatment to patients, such as a doctor, nurse, therapist or psychiatrist.

**Commissioning**
Identifying the health needs of local people and planning and purchasing health services which respond to these needs

**Community services/community-based care**
Health services delivered in the community in people’s homes or care homes

**Darzi Centre**
Term used to describe walk-in centres such as Guildhall Walk which were set up as a result of plans put forward by Lord Darzi in his Next Stage Review of the NHS (2008).

**Diagnostics**
Tests including scans and X rays that are used by clinicians to help understand an illness or the extent of an injury.

**ED**
Emergency Department (see A&E above)

**Governing Board/Governing Body**
All CCGs are required to have a Governing Body and locally we refer to ours as a Governing Board. This is the executive team that is responsible for making decisions about commissioning plans – the NHS Portsmouth CCG Governing Board meets regularly in public.

**GP**
General Practitioner – a family doctor working from a surgery.
Health and Wellbeing Board
A forum where key leaders from the health and care system work together to improve the health and wellbeing of their local population and reduce health inequalities.

Healthwatch Portsmouth
An organisation that provides information to service users, carers and the public about local health and care services and how to find their way around the system. It represents the views and experiences of service users, carers and the public on health and wellbeing boards (see above).

NHS 111
NHS 111 is a non-emergency phone number that people can use when they urgently need medical help or advice but it’s not a life-threatening situation.

NHS Five Year Forward View
The NHS Five Year Forward View, published in October 2014, sets out a vision for the future of the NHS. It articulates why change is needed, and how we can achieve it, defining the actions required at local and national level to support delivery.

Pharmacy First
A new scheme in Portsmouth that allows people who receive free prescriptions to go straight to their pharmacist to receive treatment, for selected minor ailments, without needing to visit their GP to get a prescription.

Primary care
Services which are the main or first point of contact with the NHS for a patient, usually GPs and pharmacies.

QA/Queen Alexandra Hospital
Portsmouth’s main hospital which runs the Emergency Department (A&E, sometimes referred to as ED).

Urgent care
Urgent care is the phrase we use to describe NHS services that can assist people when they need help in a hurry but do not need the Emergency Department (A&E). Urgent care services include NHS 111, the walk-in services at Guildhall Walk and St Mary’s and same day GP appointments.

Urgent care centre
A service operating alongside A&E that assesses patients who present with an illness or injury and directs them to the most appropriate source of help for their condition.

Walk in centre/walk in service
NHS services that can be used by members of the public without the need for an appointment.
You can get this NHS information in large print, Braille, audio or in another language by calling 023 9268 4513.

Published: November 2015 Ref: 93.9