

## THIS ITEM IS FOR INFORMATION ONLY

<b>Title of meeting:</b>	Health and Wellbeing Board
<b>Subject:</b>	Portsmouth Dementia Action Plan 2014 - 2015
<b>Date of meeting:</b>	17 <sup>th</sup> June 2015
<b>Report by:</b>	Director of Integrated Commissioning Unit
<b>Wards affected:</b>	All

---

- 1. Requested by:** Cabinet Member for Health and Social Care.
- 2. Purpose:** **To update the HWB on the progress of the Portsmouth Dementia Action Plan and wider Older peoples agenda for 2015/16.**

### 3. Information Requested

#### Background

- 3.1** The term dementia describes a set of symptoms which include a loss of concentration, memory problems, mood and behaviour changes and problems with communication and reasoning. Dementia is a progressive condition with symptoms becoming more severe over time, for which there is currently no cure. People with dementia and their families have to cope with a changing capacity in their ability to manage day to day activities alongside major life event decisions.<sup>1</sup> The projections for Portsmouth estimate an increase from 2015 of 2134 to 3119 by 2030 of the number of people 65 years and over to have a dementia diagnosis<sup>2</sup>.
- 3.2** Objective one of the Portsmouth Joint Health and Wellbeing Strategy 2014-17<sup>3</sup> is to improve the quality of Dementia services and care. The strategy proposes a number of areas for action and these have been translated into actions within the 14/15 and 15/16 Portsmouth Dementia Action Plan.

---

<sup>1</sup> Department of Health (2015). *Prime Minister's Challenge on Dementia 2020*.

<sup>2</sup> POPPI data. Projecting Older people population information system

<sup>3</sup> Portsmouth City Council and Portsmouth Clinical Commissioning Group, Joint health and wellbeing strategy 2014-2017 <https://www.portsmouth.gov.uk/ext/documents-external/hlth-jhwellbeingstrategy2014-17.pdf>

## **THIS ITEM IS FOR INFORMATION ONLY**

### **4. Policy context**

**4.1** Dementia is a growing, global challenge, as the population ages it has become one of the most important health and care issues facing the world. Given this background there are a number of policy documents to support and inform the way forward:

- [Living Well With Dementia - A national dementia strategy, DoH, February 2009](#)
- [Quality outcomes for people with dementia: Building on the work of the national dementia strategy, DoH, September 2010](#)
- [The Prime Minister's Challenge on Dementia: Delivering major improvements in dementia care and research by 2015, DoH, March 2012](#)
- [The NHS mandate, a mandate from the Government to the NHS Commissioning Board: April 2013 to March 2015, November 2012](#)
- [Prime Ministers Challenge on Dementia 2020](#)

**4.2** Each of these documents build on the 2009 national dementia strategy, setting out priorities and areas for service improvement in order to help people with dementia live better lives.

**4.3** The NHS and the Adult and Social Care outcomes frameworks have two measures in place to support Enhancing quality of life for people with Dementia. The first part measures diagnosis rates for people with dementia, the second part aims to measure the effectiveness of post diagnosis care in sustaining independence and improving quality of life respectively. Supporting this The National Institute for Health and Clinical Excellence (NICE) has published a number of standards, guidelines and guidance tools for dementia.

### **5. Dementia prevalence**

#### **5.1 Dementia prevalence calculators. (DPC)**

There have been a number of updates and changes to the way the dementia diagnostic rates have been calculated, the DPC v. 3 was based on rates from the Delphi consensus, for 15/16 there is an improved modelling system, the Cognitive Function and Ageing Study (CFAS II) calculator. The different calculators have used different methodologies for calculating the rates, with the latest CFAS II version providing a more accurate and relevant rate which takes into account the different practice deprivation indices and rates in BME populations.

The latest figures available on the primary care website use DPC v. 3 and shows data up until March 2015. NHS England has also reported separately applying the CFAS II calculator up until March 2015, with confirmation that NHS England will be using the CFAS II calculator for planning and monitoring progress going forward for 15/16.

For this report both DPC will be reported, however it is anticipated that for 15/16 onwards only the CFAS II rates will be reported.

## THIS ITEM IS FOR INFORMATION ONLY

- 5.2** Prevalence forecasts for Portsmouth in 14/15, taken from the DPC v. 3<sup>4</sup> show
- 2305 residents will have some form of dementia
  - 55% (1258) will be mild, 33% (752) will be moderate, 13% (295) will be severe
  - About a third (768) will be male and two thirds (1537) will be female
  - 1743 will be living in the community and 562 will be living in residential care
  - Portsmouth 2014/15 diagnosis rate is 66.29% (1528 people) ranking Portsmouth second within Wessex region, against a national ambition of 67%
- 5.3** Applying the CFAS II calculator, using the over 65 year populations, provides an improved diagnosis rate of 72.1%, which achieves the CCG target of 70%.
- 5.4** The CCG have agreed a target of 72.4% for 15/16 (using the revised calculation method based on the CFAS II denominator). Portsmouth GP practices have significantly improved their diagnosis rates across the city, having been the top performing CCG for most of 14/15 in the Wessex region. This momentum will continue with commitment from the CCG to achieve the revised and uplifted target during 15/16.
- 5.5** Portsmouth GP practices have signed up to the 2014/15 Dementia Directed Enhanced Service, and the majority of practices opted to sign-up to the additional Dementia Identification Scheme offered by NHS England between October 2014 – March 2015, utilising the Dementia Quality Toolkit; however, the sign-up period for the 2015/16 Dementia Directed Enhanced Service is still ongoing and practices have until the 30th June to sign up.
- 6. Achievements November 2014 to June 2015**
- 6.1 The Dementia Steering Group formerly The Dementia Action Group** - This group met monthly during 14/15 to oversee and support delivery of the dementia action plan. It was agreed in January 2015 that the group having been in existence for 3 years, needed to evolve and provide support and governance at a strategic level rather than operational level. Terms of reference were agreed, a change in group name, a revised membership and a new chair alongside a change in meeting frequency, to enable work to be completed. The action plan has also been refreshed to reflect the end of year achievements and new actions will be discussed at the next quarterly meeting in July 15

Organisation	Position
Primary Care	Lead GP Dementia Champion (chair)
Integrated Commissioning Unit Portsmouth City Council /Portsmouth NHS CCG	Older People's Mental Health Programme Lead Senior Project Manager
Solent NHS Trust	Lead Clinician - Older Persons Mental health
Public Health Portsmouth City Council	Advance Health Improvement Practitioner
Lead Provider(s) of commissioned	Service Manager(s)

<sup>4</sup> [Dementia prevalence calculator \(By clinical commissioning group\), adjusted for care homes in the area.](#)



## THIS ITEM IS FOR INFORMATION ONLY

Community and Voluntary Sector Dementia Services	
Portsmouth NHS Hospitals Trust	Head of Nursing for Older People, Rehabilitation and Stroke
Adult Social Care Portsmouth City Council	Asst. Head of Adult Social Care

- 6.2** Linkages between the work of the Dementia steering group and the wider transformation work for Older People Mental Health services (provided by Solent NHS Trust), is crucial to ensure sustainable services for the future. The Older People Mental Health (OPMH) services transformation group programme is tasked to deliver an agreed redesigned service that will ensure high quality care, and which provides efficient long term sustainable services for the city. This needs to be aligned with the work of third sector organisations to support lower level support of those people diagnosed with dementia and their carers aims to ensure reductions in the need for crisis management when carers become no longer able to cope in their caring role, and aims to reduce pressures within the system by providing a more proactive responsive service for service users and their carers.
- 6.3** The OPMH transformation programme is due to provide an option paper providing a direction of travel for the service which includes inpatient care, outpatient clinics and community mental health team support. The current thinking suggests the need to rationalise the number of inpatient beds whilst increasing capacity within the community team to wrap support around the patient, enabling them to stay supported within the community maintaining independence for as long as is appropriate. The support provided to people diagnosed with dementia and their carers will be an essential element which feeds into this wider pathway, and will be connected across all the provider organisations.
- 6.4** It is important to note this work also links into the better care work and the community bed capacity programme of work which is tasked with determining the number and types of beds needed across the city to ensure appropriate levels of care can be provided for the future. This includes placements for those patients with complex mental and or health needs, including challenging behaviours which can make finding suitable care placement extremely difficult.
- 7 Review of achievements against the 14/15 dementia action plan**
- 7.1** Pilot schemes during 14/15 - The current pilot schemes running across the city provided by Alzheimer's society were due to cease at the end of April, and those provided by Solent Mind and Housing 21 were due to cease at the end of June 2015. Commissioners have secured CCG funding extensions for the Alzheimer's society dementia advisors, memory café's, dementia network and carers support training (CRISP), and the dementia voice nurse service. The pilot scheme run by Solent Mind providing reablement advisors at Queen Alexander Hospital will cease from July 15, as it was considered to have achieved the training targets set, but also provided a level of duplication of roles with the other pilots that within a newly revised pathway could be better managed.

## **THIS ITEM IS FOR INFORMATION ONLY**

- 7.2** The University of East London Dementia Pathway Review Report was completed and shared with commissioners at the end of January 2015. The recommendations from the report have been used to support mapping the needs of service users and their carers for a service going forward. Key recommendations include;
- More focus on prevention rather than interceding at crisis points
  - Proactive following of people with dementia and their carers throughout their dementia journey
  - A re branded dementia advisor / support worker service
  - Reconfiguration of the dementia café's
  - Build on successes of the dementia voice nurse
  - Longer term contracts to ensure sustainability and engagement from primary care colleagues, commissioned via one lead organisation.
  - Inclusion of dementia friendly communities' coordinator role to ensure achievement of dementia friendly city recognition.
- 7.3** The lead author from the university continues to work with commissioners to support further development of a draft service specification, and will continue to work with service users and their carers to ensure full involvement and participation at all stages of the new pathway development.
- 7.4** Commissioners are in the process of exploring longer term funding arrangements for this new dementia pathway, so that procurement from the third sector can commence with an anticipated service commencement date of January 2016. A very successful third sector workshop took place in April 15, where the recommendations from the Dementia pathway review report were presented, evidencing the need for future change, sharing best practice from the current pilots, and the opportunity to identify the barriers of joint working between organisations, and what support the providers felt they would need from us to overcome them. A second event is planned during this month.
- 7.5** Work continues with colleagues in Learning and development to roll out a programme of Dementia Friends training across Portsmouth City Council and Portsmouth Clinical Commissioning Group to raise awareness of dementia. There are a total of 2779 dementia friends now trained across the city, with 102 of these having gone onto also complete the dementia champion training.
- 7.6** The latest version of the Portsmouth Dementia Action plan can be found online at <http://www.portsmouth.gov.uk/yourcouncil/29971.html>

### **Background list of documents: Section 100D of the Local Government Act 1972**

The following documents disclose facts or matters, which have been relied upon to a material extent by the author in preparing this report: