

HEALTH AND WELLBEING BOARD

MINUTES OF THE MEETING of the Health and Wellbeing Board held on Wednesday, 25 February 2015 at 10.00 am in Conference Room A, Civic Offices, Portsmouth.

Present

Councillor Frank Jonas (in the Chair)

Councillor Donna Jones
Councillor Gerald Vernon-Jackson

Dr James Hogan
Innes Richens
Julian Wooster
Dr Janet Maxwell
Tom Passarelli, Healthwatch Manager

Non-voting members

Julian Wooster

Officers Present

Matt Gummerson, Jo York, Mark Sage and
Joanne Wildsmith

1. **Welcome, Apologies for absence, introductions and any declarations of members' interests (AI 1)**

Apologies for absence had been received from Councillors Neill Young, Luke Stubbs and John Ferrett, David Williams, Ruth Williams (NHS England) and Tony Horne (Healthwatch).

Councillor Frank Jonas as chair welcomed everyone to the meeting and asked if introductions could be made around the table.

There were no declarations of members' interests.

2. **Minutes of previous meeting - 26 November 2014 with Matters Arising - including Pharmaceutical Needs Assessment report (AI 2)**

The minutes of the Health & Wellbeing Board meeting held on 26 November 2014 were approved as a correct record by the Board.

There was the following matter arising regarding the **Pharmaceutical Needs Assessment (PNA)** - a paper had been circulated with the agenda which was

to report back after the consultation exercise. This was to be noted by the Board with no changes to the PNA.

3. Health and Wellbeing Board Governance (AI 3)

The report by Matt Gummerson had been circulated separately to members of the board and was available on the website. The changes to the HWB constitution would need ratification by the Full Council.

RESOLVED the members of the Health & Wellbeing Board endorsed the changes to the constitution for the Health & Wellbeing Board as set out in the report for approval by Full Council.

4. Public Health - Portsmouth's 'Plan on a Page' (AI 4)

Janet Maxwell presented this item linking the public health strategy for Portsmouth (Longer, Healthier, Fairer Lives) to the changing needs of the city. The 'Plan on a Page' would be published on the council's website.

The public health agenda was not now just to look at people's cause of death and how they live with long term conditions, but to also to help people lead healthy lives, including the value of mental wellbeing and the wider determinants of health. The Department of Health funding equates to £77 per head for Portsmouth residents from the national fund of £2.79 billion. There was a need to look at lifestyle behaviours as these were developed from young ages and the need to look at the issue holistically and not just individual issues.

Some of the figures quoted were:

- 36,000 smokers in Portsmouth
- 8,300 dependent on alcohol
- 84,000 adults physically active
- 98,000 adults overweight/obese
- 219 early deaths from cancer p.a.

Whilst some of Portsmouth's health comparisons nationally were not favourable Janet Maxwell was pleased to announce that the teenage pregnancy rate continues to fall and is now at the national level.

There would be £1.47 million of public health grant shifted on upstream to address the wider determinants of health. Her report set out the creation of city wide alliances which covered tobacco, alcohol, food and physical activity. There was integration of early years and health visitors to develop the healthy child project and as part of the City Deal there was encouragement of employment among vulnerable groups. Dr Maxwell was involved in developing ways for other directorates to help shape policies to create a healthy city. A Rapid Participatory health needs assessment is being set up to improve engagement with communities in helping agree priorities for action and work had been undertaken with the third sector.

Questions raised were regarding:

- The success of walking to school - the high figures in Portsmouth were to be built on and work continued in promoting safer routes for walking and cycling to school.
- If the effects are known of electronic cigarettes? Janet Maxwell responded that the effects of these were not yet known and whilst there could be benefits on less coming forward for help to prevent smoking there could be changes to behaviours for earlier users.

5. Tackling poverty needs assessment (decision item) (AI 5)

Mark Sage presented this report which was a refresh of the 2011 needs assessment and had looked across the whole community not just the statutory requirement of looking at children in poverty. The draft poverty needs assessment is a large document but it was hoped this would be a useful reference tool and would be included as part of the JSNA. Once approved the accompanying strategy would be written with the aim of improving longer term outcomes addressing issues such as low pay, financial debt and also mitigating the effects of poverty. He requested feedback on the draft before the chair signs off the document for final publication.

Comments on the document included Councillor Donna Jones requesting that there be reference to the spare room subsidy rather than the bedroom tax and Councillor Gerald Vernon-Jackson suggested there be a reference to the encouragement of benefits take-up campaigns. Councillor Gerald Vernon-Jackson also asked regarding the links to affordable housing as there would be less supply of this which would impact on vulnerable families who may be staying in sub-standard accommodation due to the lack of decent affordable housing. Dr Hogan commented that being in poverty makes it more difficult for people to develop healthy behaviours and lifestyles, so it is important to tackle poverty in order to give people the opportunity to make better health choices.

It was agreed that the period for feedback be two weeks before the document was signed off.

RESOLVED (1) that the Health and & Wellbeing Board considered any feedback that it wishes to put in to the needs assessment and discusses this at the meeting

(2) that the needs assessment is then circulated for a final period to the Board after the meeting (for two weeks) to enable Board members to submitted their final views.

(3) that the chair of the Health & Wellbeing Board be authorised to sign off the final needs assessment on behalf of the Board for publication.

6. Better Care Update (AI 6)

A presentation was made to the HWB on the Better Care Fund (BCF) by Jo York, Head of Better Care Programme. Whilst Better Care would formally start in the financial year 15/16 work was already well underway to pool

funding which in Portsmouth would equate to £16 million. From 1 April 2015 there would be joint bank account of PCC and the CCG for the Better Care Fund. There would be co-location of social care and community nursing teams with single locality leadership model. Benefits would include reduced isolation, reduced admissions and re-admissions and the aim was for a 'tell it once' approach. There was also partnership working with Age UK on preventative work and with Solent NHS.

The cluster approach would be three teams for the north, central and south parts of the city, to deliver the service at the same time across the city, working with NHS Solent, GPs and Adult Social Care with teams being in place by April with the co-location and shared leadership.

Outcomes were already being measured with a reduction of total non-elective admissions in hospital being on target for 3% for 2014/15 (the current value was 4,655 actual admissions for the third quarter against projection of 4813) and the plan for 2015/16 is for further 3% reduction of 548 less admissions this year. This information on the slides could be made available to members of the HWB and on the website which will also show the progress on the reduction of admissions to residential and nursing care homes.

Jo York was thanked for her presentation.

7. Creating sustainable healthy environments (AI 7)

A revised version of this report had been circulated in advance of the meeting and made available on the website. Janet Maxwell presented her report which outlined the outcomes of the five seminars that had been held so far working with different directorates:-

- (i) Transport and Health - looking at the Portsmouth transport policy refreshing the LPT3 including safer routes to school
- (ii) Sustainability and Health - need to work here on renewable energy, working with partners to raise activity and participation in sport and linking with Ben Ainsley Racing to promote involvement in watersports
- (iii) Urban Planning and Health - refresh of the Portsmouth Plan with stronger links to planning a healthier environment
- (iv) Skills, Employment and Health - developing better health support for people returning to or gaining employment
- (v) Housing and Health with work taking place in housing options regarding homelessness and links to poor health

Work had now started around the arts and culture agenda and discussions were underway about funding for work with young people to encourage their building of skills, such as through the 'Strong Voices' programme.

In response to **questions** Janet Maxwell confirmed that:

- the £1.5m public health redistribution funding came from efficiencies from existing services by taking a holistic approach e.g. of work with primary care colleagues around improving community based services

for sexual health and work with Solent NHS Trust for the reshaping of the service.

- The Early Years Service would also include health visitors as part of integrated teams.

Julian Wooster suggested it would be useful to have a further formal report regarding the added value as a result of this series of seminars on building a healthier city and to provide transparency and accountability around the use of Public Health Grant.

8. Mental Health and Wellbeing (AI 8)

Dr Matt Smith presented his report on the establishment and progress of the Mental Health Alliance which had been in place since June 2014 and will lead the development of a mental health strategy (the timeline for this is set out in paragraph 4.5 of the report). He suggested that a draft strategy be brought back to the HWB during the consultation phase.

Arising from **questions** it was reported that:

- The steering group would be taking forward this work to ensure that the strategy is achievable by those expected to deliver it.
- The police are part of the alliance so had been consulted.
- There is a crisis care concordat that is used in the legal process with services sharing information on those apprehended with mental health difficulties.
- The work of the CAMHS team is valued but there is a rising demand and it was noted that there was a national increase in suicide from teenagers. Dr Hogan confirmed that locally Portsmouth mirrored the national picture for suicides and there was a lot of work taking place regarding improving parenting skills which is working well.

9. Work Programme for HWB (information item) (AI 9)

Matthew Gummerson reported that the work programme would be taken as a regular information item to ensure accountability and to give the public view of forthcoming items. It was noted that the Winterbourne View report had been rescheduled to go to the next meeting in June.

10. Date of next meeting (AI 10)

The date of the next meeting was confirmed as 17 June 2015 at 9.00 am at the Civic Offices.

The chair wished to thank Julian Wooster at his last meeting of the HWB because he would be leaving Portsmouth for his new post in Somerset and on behalf of the board wished to thank him for his hard work and also for his support to him as chair. Members of the HWB joined the chair in wishing Julian well in his new post. Julian Wooster responded by expressing his enjoyment of working at PCC and with his health colleagues and being impressed by the high level of integration in Portsmouth.

It was noted that at the next meeting Dr Hogan would be chairing under the new constitutional arrangements.

The meeting concluded at 11.30 am.

Councillor Frank Jonas
Chair