



# Living well with dementia – the Portsmouth Plan



Portsmouth  
Clinical Commissioning Group

Solent  
NHS Trust



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Portsmouth  
CITY COUNCIL

Portsmouth Hospitals  
NHS Trust



Alzheimer's  
Society

Leading the  
fight against  
dementia





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# The Challenge

## *More people*

*Rising numbers of older people  
Improved dementia diagnosis rates  
Earlier intervention*

## *Less money*

*Budget cuts and savings*



# Portsmouth Dementia Action Group

- June 2013 Portsmouth Dementia Action Group established
- Alliance of statutory and voluntary sector providers
- Co-ordinated approach to planning and improving services for people affected by dementia and their carers
- Plan available online
- Plans for a Dementia Network to involve people affected by dementia and their families in the work of the Dementia Action Group

Portsmouth Hospitals **NHS**  
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*Dementia  
Action  
Group*

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Health Education  
Wessex

Care and Nursing  
Homes

Dementia  
Network

People affected  
by dementia  
and their  
families

Community  
partners



# Action to date



- *Dementia Pathway mapped*
- *Dementia Friendly Community work*
- *Memory Café & Network launched*
- *National and local incentives to health providers*
- *Reviewed anti-psychotic prescribing for all patients in nursing/care homes*
- *Mental health prescribing event for GPs*
- *Mapped training in care and nursing homes in Portsmouth*
- *Reablement pilots – dementia voice nurse & dementia reablement advisers*
- *Carers Centre reviewed their support of carers of people diagnosed with dementia*
- *Kitbags and Berets – support group for veterans and families affected by dementia (pilot)*
- *PHT – dementia friendly environment bid successful*
- *Portsmouth met the foundation criteria for the recognition process for working towards being a dementia friendly community*

# Work planned from 1 April 2014

- *Set up dementia friendly working group and plan – link into dementia network. Establish recognition scheme for local organisations*
- *Launch new pilot service – Dementia Advisers - for all newly diagnosed*
- *Extend reablement pilots to 31 March 2015*
- *Review all pilots to inform future delivery of services from 1 April 2015 onwards*
- *Review Dementia Pathway (Healthwatch/University of East London/University of Portsmouth)*
- *Further work with pharmacies*
- *Further work with care and nursing homes to improve service provision for people with dementia (TBA)*