

Health and Care Portsmouth

Joint Forward Plan 2024-2025



Health and Care Portsmouth is a partnership between:

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1 Introduction to Health and Care Portsmouth

This document describes how NHS Hampshire and Isle of Wight and Portsmouth City Council, along with other key partners in the city, will work together in the city to plan and deliver services, to support the achievement of the aspirations for a happy and healthy city as described in the Health and Wellbeing Strategy 2022-2030:

“We do everything we can to enhance wellbeing for everyone in our city by offering the education, care and support that every individual needs for their physical and mental health. All our residents and communities live in good homes where they feel safe, feel like they belong, and can thrive.”

Health and Care Portsmouth is a long-standing partnership of six organisations, working together to improve the delivery of health and care services in the city. These are:

- Portsmouth City Council
- NHS Hampshire and Isle of Wight
- Portsmouth Primary Care Alliance
- Solent NHS Trust
- Portsmouth Hospitals University NHS Trust
- HIVE Portsmouth

Our shared vision for working together is for:

“everyone in Portsmouth to be enabled to live healthy, safe and independent lives with care and support that is integrated around the needs of the individual at the right time and in the right setting. We will do things because they matter to local people, we know that they work and we know that they will make a measurable difference to their lives.”

We work as key partners in the Hampshire and Isle of Wight integrated care system and with the local delivery system around the acute trust footprint to ensure the successful implementation of health and care services for Portsmouth.

2 Meeting the needs of our population - what our data and intelligence tells us

There are some significant challenges related to health and care in Portsmouth that we need to address. A number of these apply across the wider region:

- We have an ageing population, and more people are living longer in poor health. This means more people are needing support, treatment and care more often from services.
- There is an imbalance between prevention and cure: A significant amount of NHS funding and staff are currently focused on acute hospital care.
- Local people have frequently said they find the health and care system complicated and not joined-up enough which makes it harder to access the right service at the right time.
- Covid had a significant impact on people's health and wellbeing and on services and we are still seeing the impact. This includes a backlog of people waiting for operations, procedures and diagnostics, and more people needing support for mental health.
- Efficiency and affordability of services: Some services are not working as effectively and efficiently as they could be. This means our local NHS costs more money than we have available.
- Health inequalities: There are currently unacceptable differences in health and outcomes for our most disadvantaged communities and individuals. This includes for people living in areas of deprivation, people with mental health vulnerability and some of our ethnic minority communities.





There are some very specific challenges flowing from these issues in Portsmouth. Underpinning many of these is the fact that Portsmouth is the 57th most deprived local authority area in England, out of 317. Portsmouth has pockets of affluence rather than deprivation, and this concentration of deprivation means that issues flowing from poverty and need, including poor health, are particularly acute.

- Healthy life expectancy in the city is for men 18 years shorter, and for women 14 years shorter, in the most deprived areas compared to the least deprived
- The main causes of the life expectancy gap are cardiovascular disease, cancer and respiratory disease
- In 2020, there were 254 deaths in people under the age of 75 from causes considered to be preventable. Smoking remains the biggest preventable cause of ill health and early death.
- 12.9% of residents report having a long term mental health condition, compared to 11% in England
- 19.2% of Portsmouth residents have a disability compared to 17.7% across England.
- 2145 children have education, health and care plans, and a further 4115 children receive special educational needs support
- 1051 children and families are receiving targeted early help, with 880 children receiving statutory help and protection, and 390 children are in care.

www.portsmouth.gov.uk/JSNA

There are other challenges in the city:

- Our housing stock is aged, meaning it is not always easy to adapt to what people need - almost 50% of homes were built before 1919, and 63% are terraced, more than twice the England average. Housing costs relative to incomes are high.
- Not enough children are reaching the expected standard at the end of their education - Portsmouth is rated 148 out of 152 areas for attainment at the end of primary school, and 147/152 for attainment at the end of secondary school. Around 600 children are attending school less than 50% of the time.
- These trends influence lives at later stages - 5% of 16-19 year olds are not in education, employment and training, and there is a higher proportion of adults with no qualifications in the city than the national average. The city supports high quality jobs, but some of these factors mean

that it is not necessarily our residents who benefit from those opportunities.

- There are challenges with air quality in the city, with five air quality management areas and a clean air zone.

Organisations are also experiencing pressures in supporting services as the needs in the city increase:

- There are challenges with workforce and sustainability of services - there are fewer dentists and GPs per person in the city than the national average, and a number of community pharmacies have closed in the past year.
- All organisations are experiencing significant financial challenges, and are seeking to make savings to balance their books in the longer term, even as demand for high cost services rises.
- There have been some quality and performance challenges in the city, including high levels of ambulance waits and admissions to hospital in the winter period.



3 What will we do to address these issues?

Every day, there are thousands of interactions across the health and care system in the city that are the business as usual of health and care delivery - people visiting their GPs, receiving care in their homes or picking up prescriptions from their local pharmacy. As a local system, we will work within the integrated care system to ensure that all of these services are able to continue, but that we prioritise the things people need, and making the changes that need to happen so that our health and care delivery in the city is efficient and effective, that people's experiences of the system are positive, and that the outcomes for individuals and populations improve.

Our Health and Wellbeing Strategy identifies the 5 key "causes of the causes" of poor outcomes in the city that we need to address, and focuses on the wider system conditions that need to change if people in Portsmouth are to thrive and lead happy and healthy lives. These themes are:

- **Poverty**
- **Educational Attainment**
- **Positive Relationships**
- **Active Travel and Air Quality**
- **Housing**

Our Health and Care Portsmouth Plan focuses on the service level responses that are necessary to address the key issues of physical, mental and emotional health for our residents. These link closely with the system level NHS transformation programmes across local care, urgent and emergency care, planned care, discharge, mental health.

In order to address the issues, we have five priority areas. These are detailed in the following pages and are:

- **Children and Young People**
- **Health improvement and reducing health inequalities**
- **Adults with the most complex lives and needs**
- **Integrated community care**
- **Person-centred care**

[health-and-wellbeing-strategy-january-2022-accessible.pdf \(portsmouth.gov.uk\)](#)

Children and Young People

We will :

- Improve Early Language skills for all our children, as a key driver of development and future achievement
- Improve education attendance and attainment
- Strengthen our 0-19 Targeted Early Help offer
- Improve children's health outcomes (as set out in the Children's PH Strategy)
- Improve children's social, emotional and mental health (as set out in the SEMH Strategy)
- Improve outcomes for children we care for and care experienced young adults (as set out in the Corporate Parenting Strategy)
- Improve outcomes for children with Special Educational Needs and Disabilities 0-25



Health improvement and reducing health inequalities

We will:

- Embed population health management (PHM) with a focus in primary care
- Strengthen primary and secondary prevention with a focus on inequalities including:
 - Implementing CVD prevention plan
 - Achieving ambitions of Smokefree Generation funding
 - Ensuring a clear weight management pathway
 - Embedding importance of wider determinants of health e.g. cost of living
- Support primary care resilience and transformation
- Support Integrated Neighbourhood Team development including though community centred approaches



Adults with the most complex needs

We will:

- Improve the citywide response to support positive mental health & wellbeing for our residents.
- Develop the approach to supporting neurodivergent adults, so that as a system we are assessing and meeting need effectively.
- Implement the measures in the Suicide Prevention Action Plan and the monitor via the Real Time Surveillance group to reduce suicide, it's impact on communities and self-harm
- Reducing harm caused by substance and alcohol dependency
- Tackling recurring factors that lead to homelessness and rough sleeping, and the resultant poor outcomes for individuals.



Integrated community care model

We will:

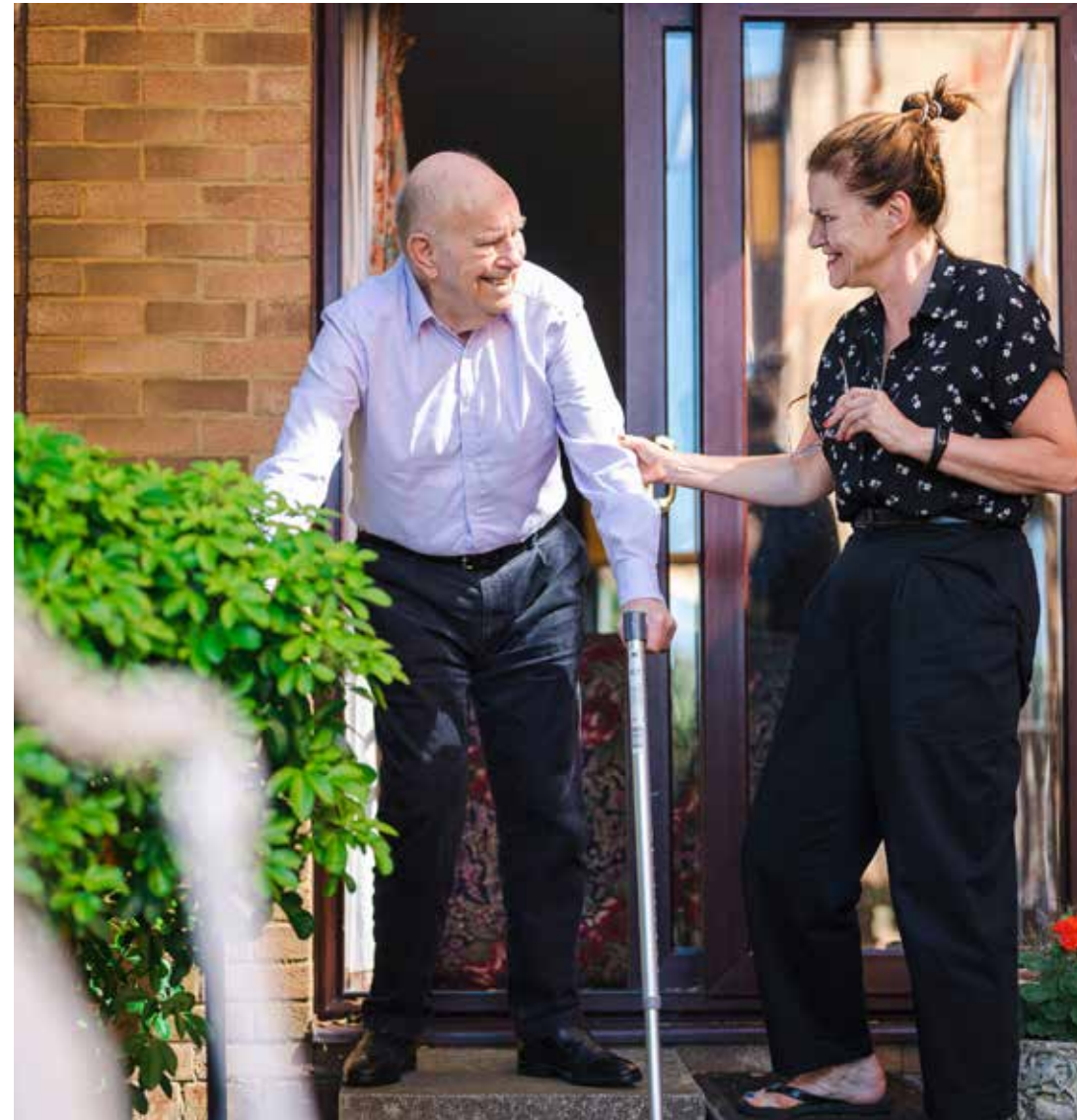
- Work collaboratively across health and social care to develop preventive approaches and services that build on people's strengths, ensuring people can remain in their homes as long as possible and avoid unnecessary admission to hospital.
- Focus on delivering a rehab and reablement offer that promotes people's independence and ensures a smooth transition from hospital back to their home.



Person-centred care

We will:

- Work with care providers and the community to develop a range of quality options to address the care, support and accommodation needs of residents, based on understanding of local supply and demand
- Ensure that wherever someone comes in to contact with health and social care, they are provided with an appropriate and timely response. Services collaborate and create efficient and transparent referral pathways to ensure people get what they need when they need it.



4 How we will work to deliver these priorities

Partners in the system will work together to deliver these priorities in a range of ways that enable services to come together to collaboratively plan, resource and deliver services. There are s75 arrangements in place for some areas of delivery to support shared resource allocation, and other partnership arrangements such as the Portsmouth Provider Partnership (P3) to test and develop approaches.

A significant development in the way that services will work together in the city is the development of an integrated neighbourhood teams approach. These are multi-disciplinary teams brought together to work around the populations in the local areas to deliver joined-up care close to people's lives. In Portsmouth, we have already been working in this way for some time, so we will be seeking to build on existing partnerships, networks and services

to deliver holistic and integrated health and care services.

Our progress against our identified priorities will be collectively monitored through the Health and Care Partnership Board, who will convene to consider performance and identify how we can work better together to support improved outcomes across the system.

5 Health and Care Portsmouth Joint Forward Plan 2024-25 - Plan on a Page



ICS priorities expressed through the ICP strategy and ICB plan

City Vision: *"We do everything we can to enhance wellbeing for everyone in our city by offering the education, care and support that every individual needs for their physical and mental health. All our residents and communities live in good homes where they feel safe, feel like they belong, and can thrive."*

Health and Wellbeing Strategy 2022–2030:

Vision: *Our vision is for everyone in Portsmouth to be enabled to live healthy, safe and independent lives, with care and support that is integrated around the needs of the individual at the right time and in the right setting. We will do things because they matter to local people, we know that they work and we know that they will make a measurable difference to their lives.*

Health in Portsmouth – what our data and intelligence tells us

System priority

HCP pillar 1: Health and Care Portsmouth Plan for children and young people
We will improve:
Educational outcomes
Early help and safeguarding
Children's health outcomes
Social, emotional and mental health (as set out in the SEMH Strategy)
Outcomes for children in care and care leavers (as set out in the Corporate Parenting Strategy)
Outcomes for children with Special Educational Needs and Disabilities 0-25

System priority

HCP pillar 2: Health Improvement and reducing health inequalities
We will:
Establish and embed the population health management across the city, including proactive case management
Increase provision of primary and secondary prevention services
Support primary care resilience
Development community based services

System priority

HCP pillar 3: Adults with the most complex lives and needs
We will:
Improve the citywide response around mental health
Develop the approach to supporting neurodiverse adults, so that as a system we are assessing and meeting need effectively
Implement the measures in the Suicide Prevention Plan to reduce suicide and self-harm
Reducing harm caused by substance dependency including alcohol misuse
Tackling recurring factors that lead to homelessness and rough sleeping, and the resultant poor outcomes for individuals

HCP pillar 4: Integrated community care
We will:
Drive early intervention and self care for frail people and those with long term conditions
Ensure Admission avoidance and effective discharge through the Integrated Community Programme and a proactive care model.

HCP pillar 5: Person-centred care
We will:
Work with the market to develop a range of quality options to address the care and support needs of individuals, based on understanding of local supply and demand
Ensure single, streamlined processes for assessing the needs of individuals requiring support from health and social care, and making decisions on how that will be provided

Blueprint for Health and Care Portsmouth (setting how we work together in the place)
Section 75 agreements enabling pooling/alignment of resources to achieve the shared priorities

Find out more:

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Contact us: hcp@portsmouthcc.gov.uk

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