

OF THE MEETING of the Health and Wellbeing Board on Wednesday, 27 September 2023 at 10.00 am in the Executive Meeting Room, Guildhall, Portsmouth

Present

Councillor Matthew Winnington, Cabinet Member for Community Wellbeing, Health & Care (Joint Chair, in the Chair)
Dr Linda Collie, Clinical Lead/ Clinical Executive (GP) Health & Care Portsmouth, Hampshire and Isle of Wight Integrated Care Board (Joint Chair)

Councillor Lewis Gosling, Conservative group

Helen Atkinson, Director of Public Health, PCC
Roger Batterbury, Healthwatch Portsmouth
Sarah Beattie, Probation Service
Andy Biddle, Director of Adult Care, PCC
Natalie Brahma-Pearl, Chief Executive, PCC
Sarah Daly, Director of Children's Services & Education, PCC
Paul Edwards, Probation Service
David Goosey, Portsmouth Safeguarding Adults Board
James Hill, Director of Housing, Neighbourhood & Building Services, PCC
Mark Lewis, Superintendent, Hampshire Constabulary
Terry Norton, Deputy Police & Crime Commissioner
Dr Jason Oakley, University of Portsmouth
Lorna Reavley, The Hive
Frances Soul, Portsmouth Education Partnership
Jo York, Health & Care Portsmouth

22. Chair's introduction and apologies for absence (AI 1)

Councillor Winnington, Cabinet Member for Community Wellbeing, Health & Care, opened the meeting. He welcomed two new organisations to the Board, Portsmouth Creates, represented by Gemma Nichols, and the Portsmouth Education Partnership, represented by Frances Soul. He also welcomed Natalie Brahma-Pearl, the council's new Chief Executive, Superintendent Mark Lewis, the new representative from Hampshire Police, and Dr Jason Oakley, the new representative from the University of Portsmouth. The Board thanked David Williams, the council's former Chief Executive, for his contribution to the Board, of which he had been a member since it started in 2012.

Apologies for absence were received from Councillor Steve Pitt, Councillor Graham Heaney, Councillor Suzy Horton, Penny Emerit (Portsmouth Hospitals University Trust), Gemma Nichols (Portsmouth Creates), Jo Pinhorne (Solent NHS Trust), Paul Riddell (Hampshire Fire & Rescue Service), Joanne Shankland (City of Portsmouth College) and Alasdair Snell (Solent NHS Trust).

The Board agreed to consider agenda item 11 (Superzone pilot) first as the item had been postponed twice from previous meetings. For ease of reference the minutes will be kept in the original order.

23. Declarations of Interests (AI 2)

There were no declarations of interest.

24. Minutes of previous meeting - 28 June 2023 (AI 3)

RESOLVED that the minutes of the Health and Wellbeing Board held on 28 June 2023 be approved as a correct record.

25. Stroke Recovery Service (AI 4)

Andy Biddle, Director of Adult Care, gave a verbal update. He outlined the situation to date and explained that short-term funding for the Stroke Recovery Service (SRS) had been secured until the end of December 2024. A reply was awaited from the Integrated Care Board (ICB) to show how the NHS stroke model would be configured.

The Chair raised the SRS at the ICB a few weeks ago. Other Integrated Care Systems (ICS) had a stroke pathway in place but not Portsmouth. However, work had started on a pathway and conversations would continue. The SRS had been discussed at the Health Overview & Scrutiny Panel last week and there was a meeting with the Stroke Association on 23 October.

Jo York said the recover pathway focused on acute stroke. The ICB had comprehensive acute and immediate recovery services; the issue was understanding the relationship with the voluntary and community sector (VCS) as the ICB did not want people to worry about getting help with after care. The Stroke Association's service had been in place for a long time but the new situation gave the opportunity to test what services Portsmouth needed to develop. The Chair noted in other places in Hampshire & Isle of Wight (HIOW) the Stroke Association ran services on behalf of the ICS. Portsmouth was the only place in HIOW with a post-stroke recovery service. There was much help available but it was not always very person-centred or clear how to access it. The Health & Wellbeing Board (HWB) would be kept up to date.

RESOLVED that the Health & Wellbeing Board note the update.

26. Health and Care Portsmouth Joint Forward Plan (AI 5)

Jo York, Integrated Care Board (ICB) Director for Portsmouth & Managing Director, Health & Care Portsmouth (HCP), introduced the report. She thanked Kelly Nash, Corporate Performance Manager, for succinctly collating the HWB's ideas and comments on the Joint Forward Plan.

The Chair thanked all those involved and noted the Integrated Care Partnership Strategy was statutory and the ICB's responsibility. It comprised the underlying principles the ICB worked to at an HIOW level. The HWB had done considerable work to show how its Health & Wellbeing Strategy reflected the HIOW's priorities. He noted the theme of the ICB's assembly today was mental health.

RESOLVED that the Health and Wellbeing Board

- 1. Note the Health and Care Portsmouth Forward Plan**
- 2. Note the relationship with the ICB Forward Plan presented at the July Health and Wellbeing Board meeting**
- 3. Consider how the plan can support the Health and Wellbeing Strategy for the city.**

27. Portsmouth Safeguarding Adults Board (PSAB) - Funding (AI 6)

David Goosey, PSAB Chair, introduced the report and drew attention to inequities in funding. The Clinical Commissioning Group used to fund the PSAB but now it was funded on a much wider basis and Portsmouth ended up with a poorer deal than other SABs although he appreciated there was no spare cash anywhere. He noted how key areas from reviews were reflected in the third pillar of the ICB's Plan on a Page. It was important to hear lived experiences to improve how agencies worked across risk management. Unfortunately the PSAB was now at risk but having an SAB was a statutory duty so if it was not fulfilling its functions they still had to be done. As the Chair he had a duty to "shout out" if the PSAB at risk and he sought the HWB's support for the recommendation to write to the HIOW Constabulary and the HIOW ICB.

Andy Biddle offered his full support for the recommendation and said the PSAB had worked very effectively and met its duties over the years with a small resource. Recent learning events around a resident who had died had received very positive feedback, as they had involved family members, which brought the person's voice into the learning event for practitioners. Last year the annual conference was a fantastic experience to hear feedback. The PSAB was requesting the minimum amount to keep working. At the moment it would not have the funding to commission another safeguarding adult review in the 2023/24 year.

Terry Norton said his role was to ensure the Police carried out roles only they could do, for example, Street to Sweep. The Police challenged local authorities to deal with issues such as anti-social behaviour and not use the Police as the first port of call. The proposed amounts were recommended to force leads by officers who attended SABs and were proportionate to what partners were seeking to achieve. The same proportionate increase would be expected by all partners. A case could be made to the Constabulary if, firstly, the PSAB specified exactly what the increase was and, secondly, what the partners believed they could achieve with a higher amount. He pointed out the Police did not receive a community infrastructure levy like other partners.

Jo York noted a similar position with the ICB. Work done last year had highlighted variations amongst ICBs and she asked if it was possible to reduce variation. The ICB was looking at how to support the SABs proportionately and how to make the best use of finite resources. It recognised the PSAB's bid and was happy to support it. Sarah Beattie said good work was being done on the goodwill of a small number of individuals who went above and beyond their role.

David Goosey was a little frustrated as the PSAB was setting its budget and as its Chair he had to point out that its statutory duties were not being carried out. The business case had been laid out several times to agencies and the situation was repeating itself. The Chair took on board the comments. There were differences in funding with other SABs; Portsmouth's amount was less than the IOW and should be increased across the board. The safeguarding conference last year was wildly successful with maximum attendance and outstanding engagement, including from the Police who had had a very prominent role and showed what they did in the wider community. If funding was not increased the conference could not be held again. There was real concern if the PSAB could not meet its statutory responsibilities. He was happy to support the recommendation. It needed to be done in conjunction with others as all organisations were affected, not just Adult Social Care (ASC) and the Police, but especially those in the VCS, many of whom ASC commissioned to carry out safeguarding properly in the community.

Sarah Daly suggested sharing funding formulas across the children's safeguarding partnerships in HIOW. Portsmouth was in a stark position so needed to consider the position and modelling of the adults' and children's SABs together. She could not understand how the PSAB was in this position. The formula for the children's SAB felt fairer and the same partners contributed to the children's and adults' SABs so it would be a sensible way forward.

The Chair agreed to amend the recommendation to include "with a mind to the funding formulas that are used for the Children's Safeguarding Boards" and that matters proceed at pace.

RESOLVED that the Health and Wellbeing Board write to Hampshire and Isle of Wight Constabulary and Hampshire and Isle of Wight Integrated Care Board (HIOW ICB) to request that they set out their formulas for funding the respective Safeguarding Adults Boards (SABs) in their area and how they intend to enable the PSAB to meet its obligations in 2023-24 and 2024-25, with a mind to the funding formulas that are used for the Children's Safeguarding Boards.

28. Director of Public Health's Annual Report (AI 7)

Helen Atkinson, Director of Public Health, introduced the report. She thanked Matthew Gummerson (Head of Strategic Intelligence & Research) and Mark Sage (Tacking Poverty Co-ordinator) for the huge amount of work they had done to deliver the report. It was very timely as poverty was not only a corporate priority for the council but having a huge impact on Portsmouth residents across the city. It would be followed up with an executive summary.

Matt Gummerson thanked all those who had contributed to the report and gave a brief summary of some main points, for example, the gap in life expectancy within Portsmouth; the gap between children receiving free school meals and those who did not was wider than elsewhere; employment could help relieve poverty but some people who were employed were still living in poverty. The cost of living crisis meant significantly more people were affected than before and additional challenges made the situation worse for

those already struggling. The crisis was not going to go away for the foreseeable future. The powerful case studies showed what poverty meant to people but also the value of support, for example, data sharing agreements to ensure low-income households were on social water tariffs. John Attrill, the Learning Disability Champion, had said the council did not do enough about the effect of the cost of living crisis on people with learning disabilities so extra research was being done to further inform this work. Tackling poverty impacted on everything organisations did, otherwise the same problems would recur. Poverty would return to the next HWB meeting as a priority of the Health & Wellbeing Strategy. There was an open invitation to anyone who wanted to be involved with the Tackling Poverty Steering Group.

The Chair thanked Matt Gummerson for the overview. Kelly Nash reinforced the importance of the poverty theme in the Health & Wellbeing Strategy. A report being published today on the effects of deprivation and poverty on mental health showed its importance and how it linked to other issues such as housing and social isolation.

HWB members thought the report was sobering reading and reinforced what they saw every day. Jo York said there were heartening pieces of work being done, for example, in Paulsgrove and Portsea, to understand the impact of poverty and the challenges, for example, of accessing services. The infrastructure within Portsmouth was quite good but work needed to be maximised.

Helen Atkinson noted how Portsmouth partnership working was really strong and it was the most integrated place she had worked. However, Portsmouth has seen some of the worst outcomes which has worsened during both Covid and the cost of living crisis. This was a shame as she did not want to detract from the vibrant nature of the city. It was more than a noting report as it would help partners to understand the scale of the issues and strengthen how they supported communities to turn around outcomes.

David Goosey noted poverty was an underlying feature in serious case reviews. He was interested in the fourth recommendation of empowering the workforce as there were synergies with the PSAB's strategy which had an emphasis on enabling people to work together.

Dr Collie thought the report was very interesting and the sample household budgets were useful. She asked if budgeting was taught in schools, especially at the college age. Sarah Daly said some schools did but Education needed to consider it going forward. It was not just educating children but working with parents and the home environment. Gaps were increasing every day with outcomes deteriorating rather than improving; the differences in life expectancy were particularly not good. Terry Norton noted there was a disparity in how education was delivered, for example, on County Lines and relationships.

The Chair thanked all those who had contributed to the report. The situation would be significantly worse without Portsmouth's integrated working so it was important to continue current work. He had worked with food banks and

churches and seen that working together with the goal of best practice was the best way to navigate extremely difficult circumstances. It was also important to emphasise "the causes of the causes." The report showed poverty had been understood and partners were on the right track but they had to pull together. The biggest point was preventing it in the future, for example, by helping young people learn to budget. He thanked Helen Atkinson, Matthew Gummerson and the rest of the team for the timely report. Whether HWB partners were statutory organisations, businesses or in the VCS, they needed to examine poverty and see what they could do.

RESOLVED that the Health and Wellbeing Board note the report.

29. Portsmouth Strategic Youth Justice Plan 2023-2025 (AI 8)

Lisa Morgan, Service Leader for Youth Justice Services, introduced the report and explained the council had a legal duty to produce a two-year plan, which would be reviewed at the mid-point to support longer-term planning. She thanked the Youth Justice Partnership Management Board members for offering consistent support. The genuine passion in the team and partnership was recognised in the HMI Probation inspection. The team's name had been changed to "Youth Justice" from "Youth Offending" to recognise that children were children, many of whom were vulnerable. The team now sat within the Adolescents and Young Adults Service as that increased opportunities to collaborate across services and pull together as a wider management team. Good headway had been made in three of the five key performance indicators (KPI); the remaining two were new ones. In addition, from April 2023 there were ten new KPIs.

Sarah Beattie recognised Ms Morgan's excellent leadership. Terry Norton said as the Police part funded the service it was great to see synergy but also to see children being treated as children first, a policy the Police also emphasised. It was also good to see the Plan included young people up to the age of 24 as the 18 to 24 age range was when habits formed and young people could be at risk of criminality. David Goosey noted that even those young people who caused the greatest harm had vulnerabilities. The broad partnership approach was invaluable in tackling what could be difficult problems to solve.

The Chair noted that the Plan was another example of the partnership working that Portsmouth did so well. He thanked officers for the very detailed report and appreciated the contributions.

RESOLVED that the Health and Wellbeing Board note the report.

30. Health and Wellbeing Strategy - Positive Relationships (AI 9)

Helen Atkinson, Director of Public Health, introduced the report and thanked Kelly Nash, Matthew Gummerson and Hayden Ginns (Assistant Director, Commissioning & Partnerships, Children, Families & Education) for their contribution. She emphasised the importance of social capital as the lack of it showed in the number of school exclusions, adults with complex needs and isolated older people. However, much work was already happening, for example, with the adoption of the Violence Against Women and Girls and

Domestic Abuse Strategies. Adult Social Care was tackling social isolation through strength based approaches and the Independence & Wellbeing Team's Community Connectors. The homeless healthcare team had received additional funding to expand their services beyond housing. She wanted progress to continue and asked the HWB if there were any pieces of work or interventions that could be included in the priority so that it was more than the sum of its parts, for example, shared communications campaigns. She asked how partners could use their might as the HWB to accelerate matters. Changing Futures (a programme for adults with complex needs) would be a good focus for the HWB's next informal meeting but perhaps it could be progressed faster.

Kelly Nash noted the way the report connected examples was valuable as it showed how partner organisations built positive relationships amongst professional groupings. It highlighted how they worked was valuable as well as what they did.

James Hill was happy for his Directorate to participate with housing related matters and to continue to take a whole system view. The council had a tendency to carve up the city which was not wrong but the HWB's informal sessions gave the opportunity to challenge how services were designed against particular needs.

Others agreed that organisations needed to consider how to deliver services differently rather than "slice and dice" needs. It was important to treat people holistically to find out their real and embedded needs and not just those they presented with. Jo York agreed, especially with services so stretched and winter approaching. There was a risk organisations could look inward but this was wrong as the crisis grew. For example, it could be that some people had an extended length of hospital stay because organisations did not know what to do with them. The Portsmouth Provider Partnership could consider a holistic approach when it did its winter planning. Andy Biddle agreed organisations could often over-medicalise or over-professionalise approaches. Organisations often had to fire fight but had the opportunity to change how they delivered services.

David Goosey said three serious case reviews (SCR) due to be published today (if the Coroner allowed) showing how social conditions had exacerbated the situations could be part of the discussion. As soon as homelessness was mentioned organisations looked to Housing to provide an answer but organisations needed to consider all services. Helen Atkinson agreed the SCRs were tragic. Two of them were discussed at the Combatting Drugs Partnership the previous day. Although she recognised some people had complex needs and were not always easy to support, organisations as multiple services had failed. The SCRs showed the impact of partner organisations' actions on people's lives.

Sarah Daly said the report showed the challenges and mounting pressures that schools faced and the importance of relationships and addressing trauma before learning could take place. She asked how the workforce could be made resilient and kept strong enough to work. If people were not sleeping or

eating well their relationships started to crumble. David Goosey noted the number of frontline practitioners who talked about vicarious trauma and asked how staff could be "repaired."

The Chair emphasised the importance of the language used to describe people. For example, calling someone a "patient" permeated through society so they were not thought of as a wholly rounded person. However, if they were thought of as a person they were seen holistically and not passed around services. He thanked officers for the report.

RESOLVED that the Health and Wellbeing Board

- 1. Note the activity underway across partners in the city to support positive relationships and developing relational capital.**
- 2. Consider whether there are other case studies that could usefully be shared across partners to build knowledge and effectiveness of interventions.**
- 3. Consider if there are areas where further development or acceleration of work could be beneficial.**

31. Portsmouth as an age friendly city (AI 10)

Andy Biddle, Director of Adult Care, introduced the report and explained the "age friendly" theme brought services together for residents in the most helpful and meaningful way. There was not a separate strategy as the report pulled together the positive practices organisations were already doing for older people. ASC proposed to identify areas for development and collaboration on how to ensure Portsmouth was age friendly, including work between HWB meetings, and reports would return to the HWB and the Community Wellbeing, Health & Care portfolio. There were no financial implications as the activities described in the report were already being done. He also noted the links with other work to improve residents' lives, including on poverty.

Helen Atkinson was very supportive of the life course approach. Everything which had been discussed today impacted the life course. She mentioned the Marmot approach of the first 1,001 days of life being critically important for future physical and emotional health. Doing the best at every stage would impact positively on healthy ageing. It was noticeable how little age was respected in society whereas other cultures respected what older people could contribute.

Jo York noted how language was used, particularly with older people and hospital discharge, so perhaps organisations should talk more in a more age friendly approach and be more person centred. Health & Care Portsmouth and ASC could suggest their teams adopt this approach.

The Chair thanked all contributors to the report. If Portsmouth was an age friendly city it would be good for everyone.

RESOLVED that the Health and Wellbeing Board consider the information in the paper, and agree next steps as set out in paragraph 6.1.

32. Superzone pilot (AI 11)

Dominique Le Touze, Assistant Director of Public Health, introduced the report.

Sarah Daly welcomed the report as a positive step and looked forward to seeing the initiative rolled out across the city. Public Health's attendance had been well-received at a headteachers' meeting.

In response to the increasing challenges with vaping faced by primary and secondary schools, Ms Atkinson said that central government was aware of the problem. She was chair of the Regional Tobacco Control Group, which was launching tool kits for schools on how to tackle vaping in CYP. Mixed messages around vapes were confusing as their use was encouraged to help adults quit smoking but an unfortunate consequence was that they were marketed to children and young people, often in the same way alcopops were, for example, cheap and used bright colours and sweet flavours. As well as damaging health there were environmental concerns with the litter that disposable vapes created. The council wanted to give a clear message so there was considerable communications work with young people and schools as well as work with ASH (Action on Smoking and Health) and the Royal Colleges to ban disposable vapes. The HWB noted that the council's Trading Standards team had recently closed down a vape shop, which showed what could be achieved across the council as vapes were not just one department's problem.

There had not been interest from other headteachers yet in the Superzone pilot but Public Health were in touch with Superzone schools in London boroughs as they would like to work with other schools in Portsmouth.

The Probation Service asked how they could help with promoting school meals for adults under their supervision. Dominique Le Touze welcomed support as the council was working on the same issue and was particularly looking at work on the opt out from meals in Sheffield. In the current economic climate they especially wanted to promote sources of healthy food. The lunch box audit had shown that boxes often contained either a low amount or poor quality food.

James Hill proposed recording a note of thanks to Public Health and the University of Portsmouth for the Athletic Skills Garden, due to open in October and to which HWB members would be invited. It would be good to see if it could be rolled out across the city.

The Chair noted that there had been competition to be the first city to launch an Athletic Skills Garden. It would benefit neighbouring schools as well as residents.

RESOLVED that the Health and Wellbeing Board note the update.

The next meeting is at 10 am on Wednesday 29 November. Dates for 2024 meetings (all Wednesdays at 10 am) are 6 March, 26 June, 25 September and 27 November.

The meeting concluded at 11.48 am.

Councillor Matthew Winnington (Chair) and Dr Linda Collie