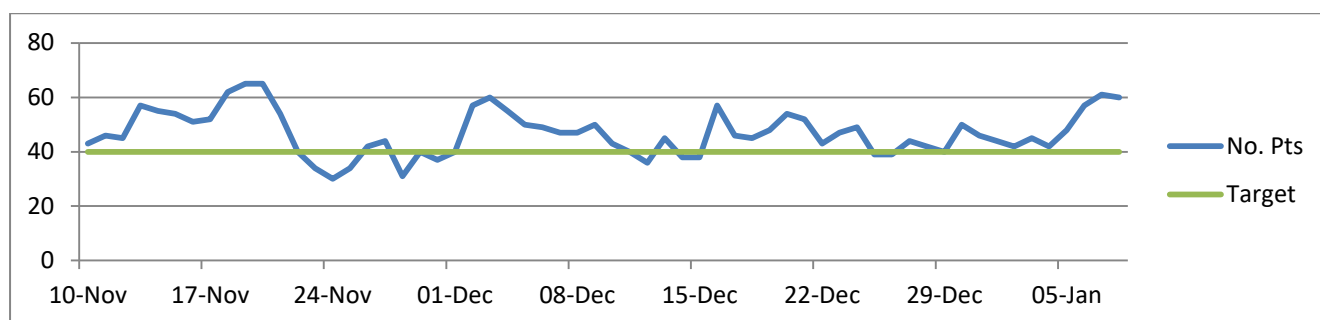


# Solent NHS Trust Update to Portsmouth Health Overview & Scrutiny Panel

30 January 2020

## 1. Winter Performance

The Portsmouth target for Medically Fit for Discharge (MFFD) patients over the winter months is 40. We are working hard to achieve this target to support PHT, proactively in reaching into QA Hospital and flexing our criteria for admissions to both Jubilee and Spinnaker. PRRT and the Community Nursing Team are working to capacity. It is possible that these system pressures will have a knock on Solent's delayed discharge numbers from Jubilee and Spinnaker.



## 2. Medium Acuity Model of Care

Solent NHS Trust is working closely with partners within Portsmouth to develop a medium acuity model of care across our inpatient and community services. We now have a team of highly skilled clinical practitioners who are clinical decisions makers supported by medical staff. The aim of the model will be to support the local health system by caring for medium acuity patients in the community rather than in an acute hospital bed at Queen Alexandra Hospital. This new way of working links closely with the other developments, such as the Long Term Conditions Hub, Integrated Community Model and the Leg Ulcer Service. This allows partner across both health and social care to offer a more flexible resilient service to the people of Portsmouth.

## 3. PositiveMinds

PositiveMinds opened for the first time on 23 December. The new service is a partnership between Portsmouth CCG, Portsmouth City Council, Solent NHS Trust and Solent Mind

The new service is located just off Middle Street, about 50 yards south of Winston Churchill Avenue and provides a welcoming, accessible environment for people who are experiencing low mood, anxiety, or who feel overwhelmed in the face of problems such as money,

housing, relationships, work, bereavement, leaving the Forces, or living away from home at university.

Solent NHS Trust staff from both Talking Change and the A2i (Access to Intervention) Teams are working on site to support Solent Mind Wellbeing Advisors with specialist advice and risk assessment to ensure that people accessing the service get the care and support they need as quickly as possible.

Since opening, 21 people have visited the service (data to 15/1). The majority of people are seeking support for emotional distress and have been signposted to PositiveMinds by their GP. This is extremely encouraging as it's exactly the purpose of this new service.

#### **4. Community Rehabilitation Team**

Solent brought a proposal to close the 14 bed Oakdene Rehabilitation Ward at St James to the HOSP meeting on 14 March 2019. Subsequently, Oakdene Ward closed on 30 September 2019, replaced by a new Community Rehabilitation Team to support a greater number of service users in their own home environments rather than in a hospital ward. At the point of closure, 3 Oakdene patients, who remained under Mental Health Act section, were transferred to alternative inpatient units within Hampshire.

The new service has received 28 referrals in the last 3 months and is intensively supporting 23 service users in the community.

#### **5. SEND Inspection**

In July 2019, Ofsted and CQC conducted a joint inspection of the local area of Portsmouth to judge the effectiveness of the area in implementing the disability and special educational needs reforms as set out in the Children and Families Act 2014. Inspectors spoke with children and young people with special educational needs and/or disabilities (SEND), parents and carers, local authority and NHS staff. A multitude of Solent services were inspected including CAMHS, Therapies, Health Visiting and School Nursing. Key themes of strength from the inspection report include a strong leadership culture across partner agencies leading to the successful implementation of the SEND reforms, co-production being developed well in the local area with many examples informing both strategic and operational developments and that the designated clinical officer (DCO) is effective and has developed innovative approaches to co-ordinating the health contribution to education, health and care assessments.

Areas for development included reducing down waiting times for children within CAMHS for a neurodevelopmental assessment and shifting the city focus onto young people aged 18-25 with SEND needs. These are being taken forward via the SEND Board

#### **6. JTAI Feedback**

During December 2019, Ofsted, CQC, HMI Constabulary and Fire & Rescue Services (HMICFRS) and HMI Probation carried out a joint inspection of the multi-agency response to abuse and neglect in Portsmouth. In the inspection of the 'front door' of services, evaluated

agencies' responses to all forms of abuse, neglect and exploitation, as well as evaluating responses to children living with mental ill health. This inspection included a 'deep dive' focus on the response to children subject to child in need and child protection plans, and children in care who are living with mental ill health. Solent NHS Trust services were subject to this inspection with a particular focus on CAMHS, Looked after children and School Nursing.

Key themes of strength from the inspection report include increasingly strong integrated working at strategic and operational levels that lead to some excellent and innovative work that is having a positive impact on the emotional well-being and mental health of children in Portsmouth, the child and adolescent mental health service (CAMHS) is strong and provides children with good support and intervention and children and young people with anxiety and low mood are benefiting from delivery of the 'Control and worries programme' which is delivered in school by school nurses.

As well as a multitude of strengths identified during the inspection, areas for improvement included more timely use of escalation policies by all agencies when delay and drift occurs and improving consistency in the quality of assessments and care planning. These areas for development are currently being pulled into an action plan that will be delivered by partner agencies

## **7. ND Pilot**

Over the past 12 months, Solent NHS Trust alongside partners in education/social care and parent user groups have been pulling together a vision for transforming universal and specialist services to cater for the needs of a neuro-diverse child and adolescent population to increase efficiency, reduce inequality and delay and improve child and family experiences. A key objective within the proposal is to provide an early support offer that is devoted to characterising and supporting adaptation to neuro diversity within an acceptable time frame which reduces low value activity.

Work is well underway by Education, Solent NHS Trust and patient user groups to co-produce profiling tools and support packs that can be used by education providers and families to support the identification of neuro-diverse children's needs. The aim is to train a group of pilot schools within the city to use these tools and support packs from February 2020 so that they can be implemented and used with children from May 2020. On-going evaluation of outcomes will be undertaken so that learning can be built into future service developments

## **8. CAMHS Improvement**

Over the last 6 months Solent has employed additional staff to reduce the number of children and young people waiting for Child & Adolescent Mental Health Services (CAMHS). These are children & young people (CYP) who have been assessed and triaged and are waiting for extended one to one care and treatment. In May 2019, 142 CYP were waiting,

with 69 of these waiting in excess of 18 weeks. The current position for December 2019 is 27 CYP waiting, with the longest wait of 9 weeks.

## **9. Financial Position & Forecast**

All NHS Organisations have to agree an annual financial control total with NHS Improvement (NHSI), as part of the single oversight framework. The control total is the amount of surplus, or deficit that an organisation is expected to achieve at year end. Solent NHS Trust and NHSI agreed a year end forecast position for 2019/20 of breakeven. We are £87k ahead of plan and the year to date position at the end of Quarter 3 is an adjusted deficit of £392k against a planned YTD deficit of £479k. We are currently on track to deliver our financial plan.

## **10. Estates**

The refurbishment of Block B at St Marys completed in December with PRRT, Specialist Nursing and Older Persons Mental Health Teams moving in from St James. The treatment and consulting rooms for patients are modern and designed to high specification and patient feedback has been very positive. The office accommodation for staff is also a significant improvement from St James.

## **11. Parking**

Solent has approved a new Access & Transport policy which includes a new parking permit system at St Mary's Hospital to support the opening of the newly refurbished Block B and Block C as part of the Portsmouth Phase 2 Project. The implementation will support improved parking for patients and visitors to the hospital whilst providing a fair and equitable solution for staff. Portsmouth Football Club is providing 105 parking spaces for Solent staff.

The policy committed to encouraging staff to consider alternative means of transport to reduce the impact on parking requirements and also reduce Solent's carbon footprint as part of its sustainability plans. Pool cars through an Enterprise Car Club are now in place at St Marys and are being well utilised by staff. Solent is working with 'Liftshare' who have recently completed a scoping exercise that shows some significant opportunities for a car sharing scheme which Solent hope to launch in the next few months, subject to funding.

Solent are also looking to implement cycle to work schemes and are negotiating discounts with bus companies to further encourage staff to avoid using their cars.

## **12. Podiatry**

HOSP is aware that we are engaging with to patients about proposals for the Podiatry Service which will be brought to the HOSP meeting in March.

## **13. Veterans**

NHS England is commissioning a Veterans' Mental Health High Intensity Service (HIS). The service will provide inpatient and community-based crisis response services. Pathfinders will be selected to provide the service from April 2020 until end of March 2022. The annual

contract value is £761,424 with a further £211,594 made available for mobilisation cost in 19/20.

The intention of the service is to improve access and support to those who require urgent and emergency mental health care and treatment, building on Veterans' Mental Health Transition, Intervention and Liaison Services (TILS) and the Veterans' Mental Health Complex Treatment Services (CTS).

Seven Pathfinders will be commissioned at an NHSE regional level. Solent's region is the South East (Lot 6), which comprises Kent, Surrey, Sussex, Oxfordshire, Berkshire, Buckinghamshire, Hampshire and the Isle of Wight.

The lead provider will be responsible for sourcing partners and subcontractors under a 'network' or 'provider collaborative' arrangement, which must include a TILS and CTS provider. Networks will be clinically-led groups who will take responsibility for the veterans in their local geography, enabling people to be cared for closer to home by developing community and step-down services.

This is a formal, single-stage procurement process being conducted under Light Touch Regime by Arden and Greater East Midlands CSU, on behalf of NHSE. HIS will be awarded under a standard-form NHS contract to a lead provider in each region. Solent intend to submit a tender by the closing date of 21<sup>st</sup> February 2020.

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